

# Long Enough

拍數: 40      牆數: 4      級數: Improver  
編舞者: Glennys Croston (UK)  
音樂: Forever Ain't Long Enough - The Bellamy Brothers



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## RIGHT CROSS ROCK FORWARD BACK FORWARD BRUSH, LEFT CROSS ROCK FORWARD BACK FORWARD BRUSH

- 1-2-3-4      Diagonal to left cross rock right over left, rock back on left, rock forward on right, brush left foot forward  
5-6-7-8      Diagonal to right cross rock left over right, rock back on right, rock forward on left, brush right foot forward

## ROCK FORWARD RECOVER, BACK STEP LOCK STEP, BACK STEP LOCK STEP, CROSS BEHIND UNWIND HALF TURN RIGHT

- 9-10      Rock forward on right, recover on left  
11&12      Step back on right, lock left over right, step back on right  
13&14      Step back on left, lock right over left, step back on left  
15&16      Cross right behind left, unwind half turn right

## ROCK FORWARD RECOVER, BACK LOCK BACK, CROSS BEHIND UNWIND HALF TURN, STEP FORWARD AND TOUCH

- 17-18      Rock forward on left recover on right  
19&20      Step back on left lock right over left, step back on left  
21-22      Cross right behind left, unwind half turn right  
23-24      Step forward on left, touch right toe to left instep

## SIDE TOUCH, STEP FORWARD, SIDE TOUCH, TOUCH TOGETHER ROCK FORWARD RECOVER HALF TURN SHUFFLE LEFT

- 25-26      Touch right to side, step forward on right and slightly across left  
27-28      Touch left out to side, touch left to right instep  
29-30      Rock forward on left, recover on right  
31&32      Half turn left shuffle forward on left, right, left

## STEP QUARTER TURN LEFT, CROSS STEP CROSS, SIDE TOGETHER SIDE TOGETHER SIDE

- 33-34      Step forward on right, pivot a quarter turn left  
35&36      Cross right over left, step left to side, cross right over left  
37-38      Step left to side, right together  
39&40      Step left to side right together, left to side

**REPEAT**

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