

Long Cool Ride

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Johnny Two-Step (UK)
音樂: Long Cool Ride - Nick Palumbo & The Flipped Fedora Orchestra



RIGHT KICK BALL CHANGE, STOMP, HOLD, TOE FANS

1&2 Kick right foot forward, step in place on right foot, step left foot next to right
3-4 Stomp right foot forward, hold
5-8 Fan right toe to right side, fan right toe back to center, fan right toe to right side, fan right toe to center

LEFT KICK BALL CHANGE, STOMP, HOLD, TOE FANS

1&2 Kick left foot forward, step in place on left foot, step right foot next to left
3-4 Stomp left foot forward, hold
5-8 Fan left toe to left side, fan left toe to center, fan left toe to left side, fan left toe to center

RIGHT VINE, LEFT VINE ¼ TURN LEFT

1-4 Step right foot to right side, cross left foot behind right, step right foot to right side, touch left foot next to right
5-8 Step left foot to left side, cross right foot behind left, step left foot ¼ turn to left, touch right foot next to left

JUMP OUT, JUMP IN, TOE STRUT'S BACK

&1-2 Jump feet shoulder width apart landing feet right, left, clap
&3-4 Jump feet together landing feet right, left, clap
5-8 Step right toe back, bring right heel to floor, step left toe back, bring left heel to floor

TOE STRUT'S BACK, FUNKY WALK FORWARD

1-4 Step right toe back, bring right heel to floor, step left toe back, bring left heel to floor
5-8 Step right foot forward, step left foot forward, step right foot forward, step left foot forward

Styling note: as you do the walks forward, for fun try slightly angling the foot to the right side, then left side the right side, then left side, also extend arms to shoulder level hands facing forward

STEP, HOLD, TURN, HOLD, STEP, HOLD, TURN, HOLD

1-2 Step forward on right foot, hold
3-4 ½ turn left, hold
5-6 Step forward on right foot, hold
7-8 ½ turn left, hold

REPEAT