

Long Black Train

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Helen Born (USA) & Nita Lindley (USA)
音樂: Long Black Train - Josh Turner



SAILOR STEP LEFT, SAILOR STEP RIGHT, SHUFFLE BACK, ROCK STEP

1&2-3&4 Left sailor step, right sailor step
5&6-7-8 Shuffle back left right left, rock back right forward left

SHUFFLE FORWARD, SIDE STEPS

1&2-3-4 Shuffle forward, right left right, side step left, touch right next to left
5-6-7-8 Side step right, step left next to right, side step left, touch right next to left

HEELS, HEELS AND STEP TURNS LEFT (2X)

1&2&3-4 Touch right heel forward, switch & touch left heel forward, switch & step right foot slightly forward turn $\frac{1}{4}$ left, on balls of both feet
5&6&7-8 Repeat 1-4

RIGHT VINE WITH CROSS, ROCK STEP, $\frac{1}{4}$ TURN LEFT, STEP LEFT, RIGHT

1-2&3-4 Step right, left behind right, step right, cross left over right, rock right
5-8 Step left, right behind left, turn $\frac{1}{4}$ left, step left, step right

REPEAT
