

# Lonesome U

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Ros Brander-Stephenson (UK)  
音樂: Oh Lonesome - Danni Leigh



- 1&2      Sideways shuffle to right on right left right  
3-4      Rock left behind right, recover weight on to right  
5&6      Sideways shuffle to left on left right left  
7-8      Rock right behind left, recover weight on to left
- 9-10      Rock forward on right, as you recover back onto left, make ½  
11&12      Triple step in place on right left right  
13-14      Rock forward on left, recover back on right  
15&16      Coaster step on left right left
- 17&18      Sideways shuffle to right on right left right  
19-20      Repeat steps 3-4  
21-24      Repeat steps 5-8
- 25-32      Repeat steps 9~16
- 33-34      Touch right heel to floor in front, touch right heel to right side  
35-36      Triple step in place on right left right  
37-38      Touch left heel to floor in front make ¼ turn left as heel touches floor again  
39-40      Triple step in place on left right left
- 41-42      Touch right heel to floor in front, make ¼ turn right as heel touches floor again  
43&44      Triple step in place on right left right  
45-46      Touch left heel to floor in front, touch left heel to left side  
47&48      Triple step in place on left right left
- 49-50      Touch right toe out to right side. Bring right next to left while making ¼ turn right  
51-52      Touch left out to left side, bring left next to right.  
53-56      Repeats steps 49-52 (now at rear wall)
- 57-60      Cross right over front of left, step left back, step right to right side, scuff left  
61-64      Cross left over front of right, step right back, step left to left side, scuff right

## REPEAT

## TAG

The following steps are only added at the front wall

- 65-68      Repeat steps 57-60  
69-72      Repeat steps 61-64