

Lonesome Blues

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jean Dransfield (UK)
音樂: Lonesome Me - Dave Sheriff



LOCK STEPS, HITCHES & CHASSE

1&2 Step forward right, lock left behind right
3&4 Step forward left lock right behind left
5-6 Right heel tap twice
7&8 Step right to right side, close left beside right, step right to right side

CROSS STEP, ¼ TURN LEFT, CROSS ROCK, STEP FORWARD COASTER STEP, STEP BACK COASTER STEP

9&10 Cross left across right, rock back right, step left to left side making ¼ turn left
11&12 Cross right across left, rock back left, close right to left
13&14 Step forward left, close right to left, step back left
15&16 Step back right, close left to right, step forward right

GRAPEVINES LEFT & RIGHT WITH FULL TURNS LEFT & RIGHT

17-18 Side step left, cross right behind left
19&20 Full turn left stepping left, right, left
21-22 Side step right, cross left behind right
23&24 Full turn right stepping right, left, right

LEFT KICK BALL CHANGE, ¼ TURN RIGHT

25&26 Kick left foot forward and step left, close right beside left
27&28 Step forward left, step ¼ right, close left to right
29&30 Step back right, close left to right, step forward right
31&32 Forward left, ¼ right, together left

REPEAT
