

Lonesome Blues

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Michael Barr (USA)
音樂: Cold Outside - Big House



If dancing to Cold Outside, include Tags as described below

SWIVEL TOUGH RIGHT (TWICE)-SCUFF-BALL-¼, SCUFF-BALL-CHANGE

- 1-2 On ball of left swivel left heel right and touch right toe side right (pigeon toe); return left and right to center
3-4 Repeat 1-2
5&6 Scuff ball of right forward; step ball of right next to left; step left in place turning ¼ left
7&8 Scuff ball of right forward; step ball of right next to left; step left in place

2 SAILOR SHUFFLES-CROSS, SIDE, CROSS & BACK

- 9&10 Swing step right behind left; step ball of left foot next to right; step-slide right side right
11&12 Swing step left behind right; step ball of right foot next to left; step-slide left side left
13-14 Cross right over left; step left side left
15&16 Cross right over left; step left side left; step right slightly back

CROSS, SIDE, CROSS & BACK-FORWARD, FORWARD, ½ PIVOT, FORWARD

- 17-18 Cross left over right; step right side right
19&20 Cross left over right; step right side right; step left slightly back
21-22 Step right forward; step left forward
23-24 Pivot ½ turn right on ball of left stepping right in place; step left forward

½ MONTEREY TURN RIGHT-SWIVEL RIGHT, LEFT, RIGHT, LEFT

- 25-26 Point right toe side right; pivot ½ turn right on ball of left dragging right next to left
27-28 Point left toe side left; step left next to right (transfer weight to balls of both feet)
29-30 Swivel heels right; swivel heels left
31-32 Swivel heels right; swivel heels left (transfer weight left)

Styling: Start the swivels by bending the knees (29), stay at same level (30), start to straighten (31), up all the way (32)

REPEAT

When dancing to "Cold Outside", add the following steps on walls 5, 8, and 9

- 33-34 Swivel heels right; swivel heels left
35-36 Swivel heels right; swivel heels left (transfer weight left)