

Lonesome

拍數: 34 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: Lonesome - Shelby Lynne



CROSS TOUCH, ¼ RIGHT MONTEREY TURN, CROSS STEP, 2X TOE TAP, STEP BEHIND, ¼ LEFT STEP FORWARD (12:00)

- 1-2 Cross touch right toe over left foot, touch right toe to right side
- 3-4 Turn ¼ right & step right foot next to left, cross step left foot over right
- 5-6 Tap right toe to right side, repeat toe tap
- 7-8 Cross step right foot behind left, turn ¼ left & step forward onto left foot

2X FORWARD TURNING CHASSE, CROSS STEP, STEP BACKWARD, WALK BACKWARD: RIGHT-LEFT, (12:00)

- 9&10 Turn ¼ left & step right foot to right side, step left foot next to right, turn ¼ right & step forward onto right foot
- 11&12 Turn ¼ right & step left foot to left side, step right foot next to left, turn ¼ left & step forward onto left foot
- 13-14 Cross step right foot over left, step backward onto left foot
- 15-16 Walk backward: right foot, left foot

2X BACKWARD TURNING CHASSE, CROSS STEP, 2X STEP BACKWARD, ¼ LEFT SIDE STEP, (3:00)

- 17&18 Turn ¼ right & step right foot to right side, step left foot next to right, turn ¼ left & step backward onto right foot
- 19&20 Turn ¼ left & step left foot to left side, step right foot next to left, turn ¼ left & step forward onto left foot
- 21-22 Cross step right foot over left, step backward onto left foot
- 23-24 Step backward onto right foot, turn ¼ left & step left foot to left side

STEP BEHIND, SIDE STEP, CROSS ROCK, ROCK, SIDE STEP, CROSS ROCK, ROCK, TOGETHER, (3:00)

- 25-26 Cross step right foot behind left, step left foot to left side
- 27-28 Cross rock right foot over left, rock onto left foot
- 29-30 Step right foot to right side, cross rock left foot over right
- 31-32 Rock onto right foot, step left foot next to right

KICK BALL CHANGE, (3:00)

- 33&34 Kick right foot forward, step ball of right foot next to left, step left foot in place

REPEAT

RESTART

After count 16 of 5th wall (facing 12:00) restart dance

DANCE FINISH

At the end of wall 7 (during music 'slow down'), the short continuation of the music will allow for the dance to be completed facing the 'home' wall, after count 34 of the 7th wall add the following -

- 1 Cross step right foot over left
- 2-5 Slow ¾ unwind left
- 6 (Optional) touch hat brim with right hand - left hand on left hip