

Lonely Waltz

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver waltz
編舞者: Chatti the Valley (ES)
音樂: The Lonely Waltz - The Mavericks



LEFT WALTZ BALANCE STEP, RIGHT WALTZ BALANCE STEP

1-2-3 Step forward on left, step right beside left, step left in-place
4-5-6 Step forward on right, step left beside right, step right in-place

LEFT BACKWARD WALTZ BALANCE STEP, RIGHT BACKWARD WALTZ BALANCE STEP

1-2-3 Step backward on left, step right beside left, step left in-place
4-5-6 Step backward on right, step left beside right. Step right in-place

LEFT SPIRAL, RIGHT SPIRAL

1-2-3 Turning the body to right & cross left over right, step right beside left, turning the body to left & step left in-place
4-5-6 Turning the body to left & cross right over left, step left beside right, turning the body to right & step right in-place

LEFT SPIRAL ½ TURN, RIGHT WALTZ BALANCE STEP

1-2-3 Turning the body to right & cross left over right, pivot ¼ left & step backward on right, pivot ¼ left & step forward on left
4-5-6 Step forward on right, step left beside right, step right in-place

LEFT TWINKLE, RIGHT TWINKLE

1-2-3 Cross left over right, step diagonally forward right, step diagonally forward left
4-5-6 Cross right over left, step diagonally forward left, step diagonally forward right

RIGHT ¼ TURN LEFT WEAVE, RIGHT WALTZ BALANCE STEP ½ TURN

1-2-3 Pivot ¼ right & step left to left, step right behind left, step left to left
4-5-6 Step forward on right, pivot ½ right & step backward on left, step right beside left

LEFT BACKWARD WALTZ BALANCE STEP, RIGHT JACKIE GLEASON

1-2-3 Step backward on left, step right beside left, step left in-place
4-5-6 Brush right forward, brush right backward across left, brush right forward

RIGHT WEAVE, LEFT JACKIE GLEASON

1-2-3 Step right to right, step left behind right, step right to right
4-5-6 Brush left forward, brush left backward across right, brush left forward

REPEAT
