

Lonely Times

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Sharon Orr (UK)
音樂: Unchained Melody - Gareth Gates



Dance starts as soon as Gareth sings "Oh my love"

SWAY RIGHT, LEFT, RIGHT SIDE SHUFFLE, ROCK OVER AND BACK, LEFT SIDE SHUFFLE ¼ TURN

1-2 Step right slightly and sway hips left then right
3&4 Step right to right side, bring left up to right, step right to right side
5-6 Rock left foot over right, rock back onto right
7&8 Step left to left side, bring right up to left, step left making ¼ turn to the left

FULL TURN, RIGHT MAMBO, STEP TOUCH, RIGHT COASTER STEP

1-2 Make a full turn over left shoulder stepping right, left
3&4 Step forward on right, step left next to right, step back on right
5-6 Step back on left, bring right foot to left and touch
7&8 Step back on right, bring left to right, step forward on right

The full turn may be replaced with two walks forward on right then left

STEP TOUCH, RIGHT KICK BALL CHANGE, STEP PIVOT ¼, BEHIND, SIDE, IN FRONT.

1-2 Step forward on left, bring right to left with a touch
3&4 Kick right forward, replace right foot, change weight to left
5-6 Step forward on right foot, pivot ¼ turn left
7&8 Step right foot behind left, step left to left side, step right in front

STEP PIVOT ½, RIGHT TURNING ½ SHUFFLE, STEP TOUCH COASTER STEP

1-2 Step forward on left, pivot ½ turn right
3&4 Step left to left, bring right to left, step left as you turn ½ turn over right shoulder moving slightly back as you turn
5-6 Step back on right, bring left to right with a touch
7&8 Step back on left, bring right to left, step forward on left

The last ½ turning shuffle can be replaced with two full turns if wished

REPEAT