

A Lonely Stroll

拍數: 48 牆數: 0 級數:
編舞者: Moses Bourassa Jr. (USA)
音樂: Neon Moon - Brooks & Dunn



Position: Couple in Right side by side sweetheart, facing LOD. Mirror Image Steps. Changes will be noted.

DIAGONAL STEPS

- 1 Step right diagonally forward
- 2 Touch left next to right
- 3 Step diagonally back on left
- 4 Touch right next to left

STEP TURN

- 5 Step right making a $\frac{1}{4}$ turn to the right
- 6 Scuff left next to right

At this point, hands are at her waist

GRAPEVINES

- 7 Step left to the left side
- 8 Step right behind left
- 9 Make a $\frac{1}{2}$ to the left pivot turn on left

In making this turn, couple drops their left hands & raise their right hands over her head. After move, hands are connected back at his waist

- 10 Touch right next to left

SIDE SHUFFLE STEPS

- 11 Step right to the right side
- 12 Bring left behind right
- 13&14 In place, step right, left, right
- 15 Rock back diagonally on left
- 16 Step forward on right

- 17 Step left to the left side
- 18 Bring right behind left
- 19&20 In place, left, right, left
- 21 Rock back diagonally on right
- 22 Step forward on left

STEP TURN

When doing these turns, they drop right hands & raise left hands over her head

- 23 Step forward on right
- 24 Make a $\frac{1}{4}$ turn to the left on left
- 25&26 Step in place; right, left, right
- 27 Rock back on left
- 28 Repeat step 22
- 29 Repeat step 23
- 30&31 Repeats steps 23&24

HIP BUMPS

At this point, hands are at her waist

- 32 Bump hips to the left

- 33 Bump hips to the right
- 34&35 Sway hips to the left, center, right
- 36&37 Repeat steps 34&35

TOE TOUCHES

- 38-39 Touch left heel in front
- 40 Touch left toe backwards

JAZZ BOXES

With this move, couple drops hands completely & connect back after first jazz box in right side by side sweetheart position.

- 41 Step left making a $\frac{1}{4}$ turn to the left
- 42 Cross right in front of left
- 43 Step back on left
- 44 Bring right next to left
- 45 Cross left in front of right
- 46 Step back on right
- 47 Step left to the left side
- 48 Touch right next to left

REPEAT
