A Lonely Stroll



拍數: 48 牆數: 0 級數:

編舞者: Moses Bourassa Jr. (USA) 音樂: Neon Moon - Brooks & Dunn



Position: Couple in Right side by side sweetheart, facing LOD. Mirror Image Steps. Changes will be noted.

DIAGONAL STEPS

Step right diagonally forward
 Touch left next to right
 Step diagonally back on left
 Touch right next to left

STEP TURN

5 Step right making a ¼ turn to the right

6 Scuff left next to right At this point, hands are at her waist

GRAPEVINES

Step left to the left sideStep right behind left

9 Make a ½ to the left pivot turn on left

In making this turn, couple drops their left hands & raise their right hands over her head. After move, hands are connected back at his waist

10 Touch right next to left

SIDE SHUFFLE STEPS

11 Step right to the right side 12 Bring left behind right

13&14 In place, step right, left, right15 Rock back diagonally on left

16 Step forward on right

17 Step left to the left side 18 Bring right behind left 19&20 In place, left, right, left

21 Rock back diagonally on right

22 Step forward on left

STEP TURN

When doing these turns, they drop right hands & raise left hands over her head

23 Step forward on right

24 Make a ¼ turn to the left on left 25&26 Step in place; right, left, right

27 Rock back on left
28 Repeat step 22
29 Repeat step 23
30&31 Repeats steps 23&24

HIP BUMPS

At this point, hands are at her waist

32 Bump hips to the left

33 Bump hips to the right

34&35 Sway hips to the left, center, right

36&37 Repeat steps 34&35

TOE TOUCHES

38-39 Touch left heel in front40 Touch left toe backwards

JAZZ BOXES

With this move, couple drops hands completely & connect back after first jazz box in right side by side sweetheart position.

41 Step left making a ¼ turn to the left

42 Cross right in front of left

Step back on left
Bring right next to left
Cross left in front of right
Step back on right

47 Step left to the left side 48 Touch right next to left

REPEAT