

Lonely Man Cha Cha (P)

COPPER KNOB
STEPSHEETS

拍數: 52 牆數: 0 級數: Partner
編舞者: Dee Davis
音樂: A Man This Lonely - Brooks & Dunn



Position: Right Side-By Side position

CROSS ROCKS, CHA-CHA-CHAS

1-2 Cross right over left and step, rock back onto left
3&4 Cha-cha-cha in place (right-left-right)
5-6 Cross left over right and step, rock back onto right
7&8 Cha-cha-cha in place (left-right-left)
9-16 Repeat beats 1-8

ROCKING CHAIR, CHA-CHA-CHA, ROCK STEPS WITH TURN

17-18 Step forward on right, rock back onto left
19-20 Step back on right, rock forward onto left
21&22 Cha-cha-cha in place (right-left-right)
23-24 Step forward on left, rock back onto right making a ¼ turn right

Partners now face OLOD in modified Indian Position (arms are extended out parallel to the floor)

VINE LEFT, STEP

25-26 Step to the left on left, cross right behind left
27-28 Step to the left on left, step right next to left

MAN: VINES / LADY: ROLLING TURNS

Partners raise both joined hands overhead. With hands overhead, man then releases lady's hands. Lady turns with hands raised overhead in front of man's raised hands

29 **MAN:** Step to the left on left
 LADY: Step to the left on left & begin a full left rolling turn
30 **MAN:** Cross right behind left
 LADY: Step on right & continue full left turn
31 **MAN:** Step to the left on left
 LADY: Step on left & complete full left turn

Join hands overhead and bring arms down briefly to the sides parallel to the floor

32 **MAN:** Touch right next to left
 LADY: Touch right next to left

Again, partners raise both joined hands overhead. With hands overhead, man then releases lady's hands. Lady turns with hands raised overhead in front of man's raised hands

33 **MAN:** Step to the right on right
 LADY: Step to the right on right & begin a full right rolling turn to right
34 **MAN:** Cross left behind right
 LADY: Step on left & continue full right turn
35 **MAN:** Step to the right on right
 LADY: Step on right and complete full right turn

Join hands overhead and bring arms down to the sides parallel to the floor

36 **MAN:** Touch left next to right
 LADY: Touch left next to right

STEP-TOGETHER-STEP LEFT, TOUCH, STEP-TOGETHER-STEP RIGHT, TOUCH

Bring right hands to lady's right hip, extend left arms to the left parallel to floor while looking to the left

37-38 Step to the left on left, step right next to left

39-40 Step to the left on left, touch right next to left

Bring left hands to lady's left hip, extend right arms to the right parallel to floor while looking to the right

41-42 Step to the right on right, step left next to right

43-44 Step to the right on right, touch left next to right

SIDE STEPS, TOUCHES, MANS TURN, LADY'S FULL TURN TO THE LEFT

Bring place both joined hands on lady's hips and look forward toward OLOD

45-46 Step to the left on left, touch right next to left

47-48 Step to the right on right, touch left next to right

Release left hands and raise right hands. Lady turns under upraised right hands

49 **MAN:** Step to the left on left making $\frac{1}{4}$ turn left

LADY: Step to the left on left beginning a $1 \frac{1}{4}$ left turn traveling toward LOD

50 **MAN:** Step forward on right

LADY: Step on right and continue turn

51 **MAN:** Step forward on left

LADY: Step on left & complete turn

52 **BOTH:** Touch right next to left

Rejoin left hands returning to Right Side-By Side Position facing LOD

REPEAT
