

# Lonely Lady

**COPPER KNOB**  
STEPSHEETS

拍數: 66      牆數: 4      級數: Intermediate / Advanced  
編舞者: Jan Wyllie (AUS)  
音樂: A Woman Gets Lonely - Lisa Angelle



- 1-2&3-4      Rock/step forward on right, rock back on left, step right beside left, step forward on left, pivot ½ right (weight right)
- 5-6&7-8      Rock/step forward on left, rock back on right, step left beside right, step forward on right, pivot ½ left (weight left)
- 9-10-11-12      Step back on right, making ½ left step forward on left, rock/step forward on right, rock back on left
- 13-14      Make a full turn right back over right shoulder stepping right, left
- 15&16      Make a further ¼ turn right shuffle slightly to the right (right, left, right)
- 17-18-19&20      Rock/step forward on left, rock back on right, shuffle back left, right, left
- 21-22-23&24      Rock/step back on right, rock forward on left, shuffle forward right, left, right while making ½ turn left
- 25-26-27&28      Rock/step back on left, rock forward on right, shuffle forward left, right, left while making ½ turn right
- 29-30-31-32      Rock/step back on right, rock forward on left, step forward on right, pivot ¼ left transferring weight to left
- 33-34      Step forward on right, tap left behind right
- &35&36      Step back on left, tap right heel forward, step forward on right, tap left behind right (heel jack)
- &37-38      Step back on left, tap right heel forward, tap right heel forward
- &39-40      Step right beside left, step forward on left, pivot ¼ right transferring weight to right
- 41&42&      Step left over right, step right to right, step left over right, step right to right (cross shuffle)
- 43-44&      Cross/ rock left over right, rock back on right, step left slightly left
- 45-46&      Cross/rock right over left, rock back on left, step right slightly right
- 47-48      Step forward on left, pivot ½ right transferring weight to right
- 49-50-51-52      Walk forward left, right, rock/step left to left, step right to right and slightly back
- 53&54      Step left across right, step back on right at right diagonal, step left to left diagonal
- 55&56      Step right across left, step back on left at left diagonal, step right to right diagonal
- 57&58      Step left across right, step back on right at right diagonal, step left to left diagonal
- 59-60      Step forward on right, pivot ½ left transferring weight to left
- 61-62      Rock weight back on right, making ½ turn left back over left shoulder step forward on left
- 63&64      Shuffle forward right, left, right
- 65&66      Shuffle forward left, right, left

**REPEAT**

**RESTART**

On the 2nd wall, just dance up to the cross rock at count 44& and start the dance again.