Lonely Hearts & Honky Tonks (P)



拍數: 76 牆數: 0 級數: Partner

編舞者: Larry Cowley & Sue White (USA)

音樂: Settlin' for What They Get - Mark Chesnutt



Position: Indian position (man behind lady, both facing outside line of dance, hands joined at ladies shoulders) Man & lady use same footwork unless otherwise stated

ROCK STEP, LEFT CROSS SHUFFLE, 1/4 TURN, 1/4 TURN, RIGHT CROSS SHUFFLE

1-2 Rock step left to left side, in place on right

3&4 Step left across in front of right, step right to right, step left across front of right (drop left

hands)

5-6 Step right to right side with ¼ pivot left, step left back with a ¼ pivot left

7&8 Step right across in front of left, step left to left, step right across in front of left

ROCK STEP, LEFT CROSS SHUFFLE, 1/4 TURN, 1/2 TURN, RIGHT FORWARD SHUFFLE

1-2 Rocks step left to left side, in place on right

3&4 Step left across in front of right, step right to right, step left across front of right (drop right

hands)

5-6 Step right to right side with ½ pivot left, step back on left with ½ turn left (to face LOD)

7&8 Right shuffle forward (now in sweetheart position)

DIAGONAL STEP LOCKS LEFT & RIGHT WITH SCUFFS

1-4 Step left 45 degrees left, slide right behind left, step left 45deg left, scuff right beside left

5-8 Repeat above steps to right

ROCK STEP, BACK SHUFFLE, ROCK STEP FORWARD SHUFFLE

1-2 Step forward on left, rock in place on right

3&4 Shuffle back on left, right, left

5-6 Step back on right, rock in place left 7&8 Shuffle forward right, left, right

CROSS STEP, SHUFFLE, CROSS STEP, SHUFFLE (LADY TURNS ½ TO THE RIGHT)

1-2 MAN: Dropping right hands raising left, crossing in front of lady. Step left in front of right, step

right to right

LADY: Crossing behind man. Step left to left, step right behind left

3&4 MAN: Shuffle in place left, right, left

LADY: Shuffle in place left, right, left

5-6 MAN: Crossing behind lady. Step right behind left, step left to left

LADY: Crossing in front of man. Stepping ½ turn to the right on right, left, (dropping mans left

hand & picking up right, now in open position)

7&8 MAN: Shuffle in place right, left, right

MAN: Shuffle in place right, left, right

STEP, STEP, SHUFFLE, (LADY 1 FULL TURN TO THE RIGHT TRAVELING FORWARD)

1-2 **MAN:** Step forward left, right

LADY: Step forward left, right, making a full turn to the right

3&4 BOTH: Shuffle forward left, right, left

DIAGONAL STEP LOCKS RIGHT & LEFT WITH SCUFFS

1-4 Step right 45 degrees right, slide left behind right, step right 45 degrees right, scuff left beside

right

5-8 Repeat above steps to left

STEP ROCK, SHUFFLE TWICE, LADY MAKES 1 FULL TURN TO THE LEFT

1-2 **MAN:** Step forward on right, rock in place left

LADY: Step forward on right, rock in place left starting full turn to the left

3&4 MAN: Back shuffle right, left, right

LADY: Shuffle right, left, right completing full turn (picking up hands in sweetheart position)

5-6 BOTH: Step back on left, rock in place right

7&8 Shuffle forward left, right, left

FORWARD STEP LOCK STEP SCUFF TWICE

1-4 Step forward right, lock left behind right, step forward right, scuff left beside right

5-8 Repeat above steps, starting on left

STEP ROCK, ½ TURN SHUFFLE TO THE RIGHT, STEP ROCK ¼ TURN TO THE LEFT, STEP, STEP

1-2 Step forward on right, in place left
3&4 ½ Turning right shuffle to the right
5-6 Step forward on left, in place right

7-8 Step left ¼ turn to the left, step in place right

REPEAT