

# Lonely Cowgirl

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Marg Jones (CAN)  
音樂: I Feel Lucky - Mary Chapin Carpenter



Start with left heel diagonally out in front at 10 o'clock

## SCISSOR STEPS X 2

&            Left foot steps beside right  
1            Right foot across left and step  
&            Left foot steps slightly to left  
2            Place right heel diagonally out at 2 o'clock  
&            Right foot steps beside left  
3            Left foot across right and step  
&            Right foot steps slightly to right  
4            Place left heel diagonally out at 10 o'clock

## ¼ TURN TO THE LEFT, TOE BACK, HEEL FRONT, OUT, OUT, HOLD & CLAP

&            Turning ¼ turn to left, quickly step on left foot  
5            Touch right toe behind  
&            Quickly step on right foot  
6            Touch left heel out to front  
&7          Small step out on left, small step out on right  
8            Hold (& clap)

## IN, IN, OUT, OUT, WALK FORWARD LEFT, RIGHT, KICK & HOPS WITH TURNS, STEP

&9            Left foot returns to home, right returns home (feet are together)  
&10          Small step out on left, small step out on right  
11-12        Walk forward left, right

## "Whoop" on counts 13, 14, and 15

13            Hopping on right, kick left out in front  
14            (keeping left foot in air) make ¼ turn left, hopping on right, kick left out in front  
15            (keeping left foot in air) make ¼ turn left, hopping on right, kick left out in front  
16            Step left foot down beside right

## CROSS ROCK, RECOVER, TRIPLE STEPS WITH ½ TURN TO THE RIGHT (TWICE), ROCK BACK, RECOVER

17            Cross right foot over left, step & rock forward  
18            Step back on left  
19&20        Triple step, right-left-right, while making ½ turn to the right  
21&22        Triple step, left-right-left, while making ½ turn to the right (completing full circle turn)  
23            Rock back on right foot  
24            Step down on left foot

## FORWARD SAILOR SHUFFLES; JAZZ BOX WITH HEEL OUT

25            Step right across left,  
&            Step left slightly to left  
26            Step right beside left  
27            Step left across right  
&            Step right slightly to right  
28            Step left beside right

- 29 Step left across right
- 30 Step back on left
- 31 Step right beside left
- 32 Place left heel diagonally out at 10 o'clock

**REPEAT**

---