

Lonely Cha Cha (P)

COPPER **KNOB**
BY STEPHEN T. C.

拍數: 40 牆數: 1 級數: Beginner partner dance
編舞者: Flo Reding (USA)
音樂: The Lonely - Robert A. Welch & Helen Reisen



Position: Begin in closed dance position

ROCK STEP, CHA-CHA-CHA, ROCK STEP, CHA-CHA-CHA

1 **MAN:** Step forward on left foot
 LADY: Step back on right foot
2 **MAN:** Rock back on right foot
 LADY: Rock forward on left foot
3&4 **MAN:** Cha-cha back left-right-left
 LADY: Cha-cha forward right-left-right
5 **MAN:** Step back on right foot
 LADY: Step forward on left foot
6 **MAN:** Rock forward on left foot
 LADY: Rock back on right foot
7&8 **MAN:** Cha-cha forward right-left-right
 LADY: Cha-cha back left-right-left

ROCK STEP, WRAP, ROCK STEP UNWRAP

On first rock step couple begins double hand hold

9 **MAN:** Step forward on left foot
 LADY: Step back on right foot
10 **MAN:** Rock back on right foot
 LADY: Rock forward on left foot
Man lifts lady's right hand and places her in wrap position at his right side
11&12 **MAN:** Cha-cha in place wrapping lady right side left-right-left
 LADY: Lady makes left/2 turn to left on cha-cha-cha right-left-right
13 **MAN:** Step back on right foot
 LADY: Step back on left foot
14 Rock forward on left foot
 LADY: Rock forward on right foot
15&16 **MAN:** Cha-cha in place unwrapping lady right-left-right
 LADY: Lady makes left/2 turn to right on cha-cha left-right-left

ROCK STEPS, SHUFFLES, ROCK STEP SHUFFLES

17 **MAN:** Step forward on left foot
 LADY: Step back on right foot
18 **MAN:** Rock back on right foot
 LADY: Rock forward on left foot
19&20 **MAN:** Left lead shuffle back left-right-left
 LADY: Right lead shuffle forward right-left-right
21&22 **MAN:** Right lead shuffle back right-left-right
 LADY: Left lead shuffle forward left-right-left
23&24 **MAN:** Left lead shuffle back left-right-left
 LADY: Right lead shuffle forward right-left-right
25 **MAN:** Step back on right foot
 LADY: Step forward on left foot
26 Rock forward on left foot

27&28 **LADY:** Rock back on right foot
 MAN: Right lead shuffle forward right-left-right
 LADY: Left lead shuffle back left-right-left
29&30 **MAN:** Left lead shuffle forward left-right-left
 LADY: Right lead shuffle back right-left-right
31&32 **MAN:** Right lead shuffle forward
 LADY: Left lead shuffle back left-right-left

ROCK STEP, CHA-CHA-CHA, LADY TURNS, CHA-CHA-CHA

33 **MAN:** Step forward on left foot
 LADY: Step back on right foot
34 **MAN:** Rock back on right foot
 LADY: Rock forward on left foot
35&36 **MAN:** Cha-cha back left-right-left
 LADY: Cha-cha forward right-left-right

**Drop lady's left hand, man lifts his left hand and turns lady under the arm
Lady does full turn to the right on next two counts**

37 **MAN:** Step back on right foot
 LADY: Step on left foot
38 Rock forward on left foot
 LADY: Step on right foot
39&40 **MAN:** Cha-cha in place right-left-right and resume closed dance position
 LADY: Cha-cha in place left-right-left and resume closed dance position.

REPEAT
