

Lonely

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Leila Duus (DK)
音樂: Lonely - Akon



WALKS FORWARD, ROCK FORWARD

1-2 Walk forward pointing out right toe, step together
3-4 Point out left toe, step together
5-6 Point out right toe, step together
7-8 Point out left toe, step together
9-10 Rock forward on right, back on left

2 X ¼ TRIPLE STEP BACKWARDS RIGHT

11&12 Triple back over right on right, left, right, ¼ turn
13&14 Triple back over right on left, right, left, ¼ turn

ROCK BACK, ¼ TURN LEFT ON SIDE SHUFFLE, ROCK BACKWARDS

15-16 Rock back on right, forward on left
17&18 Step forward on right, making a ¼ turn left, step left next to right, step right to right
19-20 Rock back on right, forward on right

LEFT SIDE SHUFFLE, ROCK

21&22 Step left to left, right next to left, left to left
23-24 Rock back on right, forward on left

¼ MONTEREY TURN RIGHT, ¼ JAZZ BOX RIGHT

25-28 Point out right, slide next to left making a ¼ turn on ball of left foot, point out left, slide next to right
29-32 Cross right over left, make a ¼ turn right stepping back on left, step forward on right, step left next to right

REPEAT
