

# Lonely

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Leila Duus (DK)  
音樂: Lonely - Akon



## WALKS FORWARD, ROCK FORWARD

1-2      Walk forward pointing out right toe, step together  
3-4      Point out left toe, step together  
5-6      Point out right toe, step together  
7-8      Point out left toe, step together  
9-10     Rock forward on right, back on left

## 2 X ¼ TRIPLE STEP BACKWARDS RIGHT

11&12     Triple back over right on right, left, right, ¼ turn  
13&14     Triple back over right on left, right, left, ¼ turn

## ROCK BACK, ¼ TURN LEFT ON SIDE SHUFFLE, ROCK BACKWARDS

15-16     Rock back on right, forward on left  
17&18     Step forward on right, making a ¼ turn left, step left next to right, step right to right  
19-20     Rock back on right, forward on right

## LEFT SIDE SHUFFLE, ROCK

21&22     Step left to left, right next to left, left to left  
23-24     Rock back on right, forward on left

## ¼ MONTEREY TURN RIGHT, ¼ JAZZ BOX RIGHT

25-28     Point out right, slide next to left making a ¼ turn on ball of left foot, point out left, slide next to right  
29-32     Cross right over left, make a ¼ turn right stepping back on left, step forward on right, step left next to right

## REPEAT

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