

# Lonely

拍數: 32      牆數: 1      級數: Intermediate  
編舞者: Double D (UK) & Trags (UK)  
音樂: Till All The Lonely's Gone - Nadine Somers



## RIGHT CHASSE, LEFT CHASSE, BACK ROCK, ½ TURN STEP

1&2      Right chasse  
3&4      Left chasse  
5-6      Rock back on right, step forward on left  
7-8      ½ turn over left shoulder stepping right, left

## ROCK FORWARD BACK, CHASSE ¼ TURN, ROCK FORWARD BACK, STEP HITCH, STEP HITCH

9-10      Cross rock right over left, replace weight to left  
11&12      Right chasse making ¼ turn to the right  
13-14      Rock forward on left, replace weight to right  
15&16&      Step back on left, hitch right knee, step back on right, hitch left knee

## LEFT SHUFFLE, RIGHT SHUFFLE, ROCK, ROCK, BODY ROLL

17&18      Shuffle forward stepping left, right, left  
19&20      Shuffle forward stepping right, left, right  
21-22      Rock weight to left side, rock weight to right side  
23-24      Body roll, rolling weight from hips to shoulders

## ¼ TURN SHUFFLE, ½ TURN SHUFFLE, WALK BACK LEFT RIGHT, FORWARD SHUFFLE

25&26      ¼ turn to left, forward shuffle stepping left right left  
27&28      ½ turn over left shoulder, shuffle back stepping right left right  
29-30      Walk back on left right  
31&32      Forward shuffle stepping left right left

## REPEAT

## TAG

To be danced following 1st, 4th and 8th sequence:

## FORWARD BACK TOGETHER, BACK FORWARD TOGETHER, ROCK FORWARD, ROCK BACK

1&2      Rock forward on right, step back on left, step right next to left  
3&4      Rock back on left, step forward on right, step left next to right  
5-6      Rock forward on right, replace weight to left  
7-8      Rock back on right, replace weight to left