

London Bridge

拍數: 32 牆數: 4 級數: Improver
編舞者: Joanne Wong (MY)
音樂: London Bridge - Fergie



DOROTHY STEPS TWICE, SIDE, KNEE POPS, SHOULDER POPS

- 1-2& Step forward on right, lock left behind right, step forward on right
3-4& Step forward on left, lock right behind left, step forward on left
5&6 Step right to right side, pop both knees in, pop both knees out, with feet still apart
8&7&8 Pop right shoulder to right side, pop left shoulder to left side, pop right shoulder to right side,
pop left shoulder to left side

While doing counts 7&8, drag right beside left slowly, with weight on left
Counts 5-8 should hit to the beat of the music

¼ TURN LEFT TWICE, TOE SWITCHES, SAILOR STEPS TWICE

- 1-2 Making a ¼ turn left, step right to right side, making a ¼ turn left, step right to right side
For counts 1-2, styling is optional. You can pump your body, add some arms, do anything to funk up the step
&3&4 Step right beside left, touch left to left side, step left beside right, touch right to right side
5&6 Cross right behind left, step left to left side, step right to right side
7&8 Cross left behind right, step right to right side, step left to left side, facing diagonally left

FORWARD HEEL ROCK, RECOVER, BACK TOE ROCK, RECOVER, TWINKLE, FORWARD HEEL ROCK, RECOVER, BACK TOE ROCK, RECOVER, TWINKLE ¼ TURN LEFT

- 1&2& Facing diagonally left, rock forward with right heel, recover on left, rock back with right toe,
recover on left
3&4 Cross right over left, step left to left side, facing diagonally right, step right beside left
5&6& Facing diagonally right, rock forward with left heel, recover on right, rock back with left toe,
recover on right
7&8 Cross left over right, step right to right side, making a ¼ turn left, step left beside right

APPLEJACKS TRAVELING RIGHT, HITCH, APPLEJACKS TRAVELING LEFT, HITCH, SKATE TWICE, SIDE ROCK, RECOVER, TOUCH

- 1&2& Step right to right side and with weight on right heel and left ball, split feet apart, transfer weight to right ball and left heel, swivel feet in, transfer weight to right heel and left ball, split feet apart, hitch left knee up

Alternative: step right to right side and twist heels to right side, twist feet to right side, twist heels to right side, hitch left knee up

- 3&4& Step left to left side, with weight on right heel and left ball, swivel feet in, transfer weight to right ball and left heel, split feet apart, hitch right knee up
5-6 Skate right to right side, skate left to left side
7&8 Step right to right side, recover weight on left, touch right beside left

For counts 5-8, body rolls are optional

REPEAT

TAG

At the end of wall 2 (6:00), do the following tag before starting the dance:

BOX SLIDE, CROSS, FORWARD ¼ TURN LEFT TWICE, FORWARD ½ TURN LEFT

- 1-4 Step right to right side, making a ¼ turn left, passing left beside right, step left to left side, making a ¼ turn left, passing right beside left, step right to right side, making a ¼ turn left, passing left beside right, step left to left side, making a ¼ turn left
5-8 Cross right over left, step forward on left, making a ¼ turn left, cross right over left, making a ¼ turn left, step forward on left, making a ½ turn left

Counts 5 - 8 has a little moonwalk feel, so try not to lift your feet off the floor while doing these steps

RESTART

During wall 6, do the first 16 counts and then restart the dance from beginning, facing 9:00
