London Bridge

拍數: 32

級數: Intermediate

編舞者: Denis N Leoue

音樂: London Bridge - Fergie

OUT, OUT, TOGETHER, CROSS SHUFFLE, STEP, TAP, BACK, HEEL, STEP, STEP

- 1-2 Step right out to right diagonal, step left out to left diagonal
- & Step right together
- 3&4 Cross shuffle on left-right-left
- 5-6 Step right forward, tap left toes behind right heel
- &7 Step left back, touch right heel forward
- Step down on right, step left forward &8

ROCK, RECOVER, COASTER STEP, SWIVEL HEELS OUT/IN/OUT, FORWARD SHUFFLE

- 1-2 Rock right forward, recover onto left
- 3&4 Coaster step on right-left-right
- 5&6 Touch left forward swiveling both heels out/in/out
- 7&8 Forward shuffle on left-right-left

ROCK, RECOVER, THREE QUARTER TURN RIGHT, HIP BUMPS, HIP ROLL

- 1-2 Rock right forward, recover onto left
- 3&4 Triple ¾ turn right on right-left-right
- 5-6 Bump hips to left twice bending knees
- 7-8 With weight on left, roll hips to right side and back over 2 counts

TRAVELING TRIPLE FULL TURN RIGHT, CROSS SHUFFLE, SIDE ROCK, BACK ROCK, RUN-RUN-TOUCH

- 1&2 Triple full turn right on right-left-right traveling to right side
- 3&4 Cross shuffle on left-right-left
- 5& Rock right to right side, recover onto left
- 6& Rock right back, recover onto left
- 7&8 Run forward on right, run forward on left, touch right beside left
- REPEAT

RESTART

Restart during the 4th repetition (3:00) after counts 1-8 Restart during the 7th repetition (9:00) after counts 1-16





牆數: 4