

# Lola's Dance

拍數: 40      牆數: 4      級數: Intermediate  
編舞者: Karen Jackson  
音樂: Lola's Theme - The Shapeshifters



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## KICK BALL CHANGE, WALK, WALK, ROCK & TURN, FULL TURN

1&2      Kick right foot forward, step on right, step on left  
3-4      Walk forward right, walk forward left  
5&6      Rock forward onto right, recover weight left, turn ½ over right shoulder stepping on right  
7-8      Full turn forward to right stepping left, right

## SIDE SWITCHES, STEP TOUCH, ROLL, CHASSE

1&2&      Touch left to left side, recover, touch right to right side, bring right to center  
3-4      Step left to left side, touch right next to left  
5-6      Roll to right stepping right, left  
7&8      Right chasse

## CROSS ROCK, CHASSE ¼ TURN LEFT, SHUFFLE FORWARD, ROCK RECOVER

1-2      Cross rock left over right, recover weight right  
3&4      Chasse ¼ left  
5-6      Right shuffle forward  
7-8      Rock forward left, recover weight right

## ¾ TURN, SAILOR STEP, SAILOR TURN, WALK, WALK

1-2      Step back on left, starting ¾ turn over left shoulder, step right finishing turn  
3&4      Left sailor step  
5&6      Right sailor step turning ¼ turn right  
7-8      Walk forward left, walk forward right

## KICK & POINT, KICK & POINT, TOE TURN, STEP TURN

1&2      Kick left, point right to right side  
3&4      Kick right, point right to right side  
5-6      Touch left toe behind, turn ½ turn over left shoulder (weight stays on left)  
7-8      Step forward right, pivot ½ turn left

REPEAT

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