

The Locomotion

拍數: 88 牆數: 4 級數: Intermediate
編舞者: BM Leong (MY)
音樂: The Locomotion - Little Eva



STEP, KICK, COASTER STEPS, FORWARD SHUFFLE, PIVOT HALF TURN RIGHT

1-2 Step right forward, kick left forward
3&4 Coaster step on left-right-left
5&6 Forward shuffle on right-left-right
7-8 Step left forward, pivot ½ turn right

WALK, HOLD, WALK, HOLD, JUMP, HOLD, JUMP, HOLD

1-2 Walk left forward, hold
3-4 Walk right forward, hold
5-6 Jump left forward diagonally touching right beside left, hold
7-8 Jump right forward diagonally touching left beside right, hold

STEP, KICK, COASTER STEPS, FORWARD SHUFFLE, PIVOT QUARTER TURN LEFT

1-2 Step left forward, kick right forward
3&4 Coaster step on right-left-right
5&6 Forward shuffle on left-right-left
7-8 Step right forward, pivot ¼ turn left

WALK, HOLD, WALK, HOLD, JUMP, HOLD, JUMP, HOLD

1-2 Walk right forward, hold
3-4 Walk left forward, hold
5-6 Jump right back diagonally touching left beside right, hold
7-8 Jump left back diagonally touching right beside left, hold

ROCKING CHAIR, RIGHT VINE WITH TOUCH

1-4 Rocking chair on right-left-right-left
5-6 Step right to right side, cross left behind right
7-8 Step right to right side, touch left beside right

ROCKING CHAIR, LEFT VINE WITH TOUCH

1-4 Rocking chair on left-right-left-right
5-6 Step left to left side, cross right behind left
7-8 Step left to left side, touch right beside left

MONTEREY HALF TURN RIGHT TWICE

1-2 Point right to right side, ½ turn right stepping right together
3-4 Point left to left side, step left together
5-8 Repeat 1-4

JUMP FORWARD, HOLD, JUMP BACKWARD, HOLD, SWIVEL RIGHT, CLAP

1-2 Jump forward, hold
3-4 Jump backward, hold
5-8 Swivel to right side on heels/toes/heels and clap

SWIVEL LEFT, CLAP, MONTEREY QUARTER TURN RIGHT

1-4 Swivel to left side on heels/toes/heels and clap

5-8 Monterey ¼ turn right on right, right, left, left

JUMP FORWARD, HOLD, JUMP BACKWARD, HOLD, SWIVEL RIGHT, CLAP

1-2 Jump forward, hold

3-4 Jump backward, hold

5-8 Swivel to right side on heels/toes/heels and clap

SWIVEL LEFT, CLAP, OUT, OUT, IN, IN

1-4 Swivel to left side on heels/toes/heels and clap

5-6 Step right out to right diagonal, step left out to left diagonal

7-8 Step right back to center, step left beside right

REPEAT

ENDING

After the third repetition, you will be facing 6:00 and there will be eight counts of music left. Dance the following to face the home wall again

1-2 Step right forward, pivot ¼ turn left

3-4 Step right forward, pivot ¼ turn left

5-6 Jump forward swinging both hands to shoulder height, hold

7-8 Jump backward swinging both hands back, hold
