

The Loco-Motion

COPPER KNOB
STEPPERS

拍數: 32 牆數: 0 級數:
編舞者: Robert C. Weaver (USA)
音樂: The Locomotion - Little Eva



SYNCOPATED HIP BUMPS & HIP ROTATIONS

1&2 Bump hips right, bump hips to center, bump hips right
3&4 Bump hips left, bump hips to center, bump hips left
5-6 Rotate hips in a full circle (right to left)
7-8 Rotate hips in a full circle (right to left)

SYNCOPATED HOPS, HOLDS, CHARLESTON KICK & CLAPS

&9 Jump (hop) forward on right, step left beside right
10 Hold for one count & clap
&11 Jump (hop) back on right, step right beside left
12 Hold for one count & clap
13-14 Step forward on right, kick left forward & clap
15-16 Step back on left, touch right toe back & clap

DIAGONAL GRAPEVINES RIGHT & LEFT, HEEL SCUFFS

17-18 Step right diagonally forward right, step left beside right
19-20 Step right diagonally forward right, brush left heel beside right
21-22 Step left diagonally forward left, step right beside left
23-24 Step left diagonally forward left, brush right heels beside left

SHUFFLE, SHUFFLE, SHUFFLE, SHUFFLE

25&26 Step right forward, step left beside right, step right forward
27&28 Step left forward, step right beside left, step left forward
29&30 Step right forward, step left beside right, step right forward
31&32 Step left forward, step right beside left, step left forward

REPEAT
