

Locked Up

拍數: 32 牆數: 4 級數: Improver
編舞者: John Dembiec (USA)
音樂: Folsom Prison Blues - Johnny Cash



LOCKING SHUFFLES AND SCUFFS, TURNING JAZZ BOX, ¼ TURN

1&2& Forward locking shuffle, right, left, right, scuff left
3&4& Forward locking shuffle left, right, left, scuff right
5&6 Step right over left, step left back making ¼ turn right, step right to right
7-8 Step left over right making ¼ turn right, pivot ½ turn right stepping right next to left

SAILOR STEP, ¾ TURN TRIPLE, SYNCOPATED LOCK STEPS

1&2 Step left behind right, step right to right, step left next to right
3&4 Making ¾ turn to right, triple step right, left, right
5&6& Step left forward, lock right behind left, step left forward, lock right behind left
7&8 Step left forward, lock right behind left, step left forward

STEP, TOUCH, FORWARD, STEP, TOUCH, BACK

1-2 Step right forward 45 degrees to right, touch left next to right
3-4 Step left forward 45 degrees to left, touch right next to left
5-6 Step right back 45 degrees to right, touch left next to right
7-8 Step left back 45 degrees to left, touch right next to left

SYNCOPATED SIDE LOCK STEPS, STOMPS (TWICE)

1&2& Step right to right, step left behind right, step right to right, step left behind right
3-4 Right stomp, left stomp
5&6& Step left to left, step right behind left, step left to left, step right behind left
7-8 Left stomp, right stomp

SCUFF, HITCH, TOUCH, HITCH, TOUCH, HITCH, STOMP (TWICE)

1&2& Scuff right forward, hitch right knee up, touch right toe over left, hitch right knee up
3&4 Touch right heel forward, hitch right knee up, stomp right
5&6& Scuff left forward, hitch left knee up, touch left toe over right, hitch left knee up
7&8 Touch left heel forward, hitch left knee up, stomp left

MONTEREY TURN

1-2 Touch right to right, pivot ½ turn right stepping right next to left
3-4 Touch left to left, step left next to right

REPEAT
