

Lock & Key Stomp

拍數: 40 牆數: 0 級數:
編舞者: Kay Sichak
音樂: Lost And Found In A Border Town - Toby Keith



TOE - HEEL FANS

- 1 With feet slightly apart, weight on left heel & right toe, fan left toe & right heel to left at same time
- 2 Bring left toe and right heel back to center starting position
- 3 Weight on right heel and left toe, fan right toe to right & left heel to right at same time
- 4 Bring right toe and left heel back to center starting position
- 5 Weight on left heel and right toe fan left toe to left & right heel to left at same time
- 6 Bring left toe and right heel back to center
- 7 Weight on right heel and left toe, fan right toe to right & left heel to right at same time
- 8 Bring right toe and left heel back to center starting position

TOE TOUCHES, ¼ TURN TO LEFT, STOMPS

- 9-10 Weight on left, touch right toe forward, touch right toe to right side extended
- 11-12 Touch right toe back, touch right to right side, extended
- 13 Step right toe forward, swinging hips to right, beginning a ¼ turn left

Partners can bump hips at this point if desired

- 14 Swing hips back to left while completing ¼ turn to left, ending with weight on left
- 15-16 Stomp right twice

VINE RIGHT, VINE LEFT

- 17-18 Step right to right, cross left behind right
- 19-20 Step right on right side, stomp left
- 21-22 Step left to left side, cross right behind left
- 23-24 Step left at a ¼ turn angle, starting ¼ turn left, stomp right next to left completing turn

MILITARY TURN, JAZZ BOX

- 25-26 Step right toe slightly forward, pivot ½ turn left
- 27-28 Stomp right twice
- 29-30 Cross right over left, step back on left
- 31-32 Step right to right side of left, stomp left, ending with weight on left

"SWING" WHILE MAKING ½ TURN TO CHANGE LINES & STOMP

- 33& Step forward right, joining right hands at waist height, bring left beside right
- 34 Step forward right, beginning ½ turn right
- 35& Step forward left, continuing turn, bring right beside left
- 36 Step back left, dropping hands
- 37-38 Rock back onto right, step forward on left
- 39-40 Stomp right twice

REPEAT

For counts 33-36, partners can do any type of ½ turn (under arm etc), changing the way the hands are joined to match the turn