

Local Girls

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Karen Hedges (USA)
音樂: Local Girls - Ronnie Milsap



SIDE TRIPLE, ROCK RECOVER

1&2 Triple side right-left-right
3-4 Rock back left recover right

SIDE TRIPLE, SCUFF, HITCH, TOUCH

5&6 Triple side left-right-left
7&8 Scuff right & hitch right touch right slightly forward

HIP BUMPS

9-12 Bump hips right twice, bump hips left twice

STEP FORWARD, CLAP, STEP FORWARD, CLAP

13-14 Step forward right clap 2 xs
15-16 Step forward left clap 1 x

FORWARD TRIPLE, STEP TURN

17&18 Triple forward right-left-right
19-20 Step forward left ½ turn right, step down right

STEP TURN, ROCK, STEP, TRIPLE

21-22 Step forward left, step back right, making ½ turn left
23&24 Triple forward left-right-left

TOE STRUTS, ½ TURN

25-26 Touch right toe forward, step slightly forward right
27-28 ½ left touch left toe forward, step slightly forward left

TOE SWITCHES, ROCK STEP

29&30 Point right toe side right, point left toe side left, point right toe side right
&31&32 Rock back right, recover left

REPEAT

RESTART

On the 5th wall you will do a restart after counts 21-24 (facing front wall)

TAG

On the 7th & 9th walls you will do the first 28 counts (after toe struts)

1-4 Step right touch left, step left touch right
5-8 Step right touch left, step left touch right

Do counts 29-32 and start over