Live Wire

拍數: 64

級數: Intermediate

編舞者: Jo Thompson Szymanski (USA)

音樂: Livewire - Scooter Lee

TOE STRUTS RIGHT, LEFT KICK, BALL CHANGE, TOE STRUTS LEFT, RIGHT KICK, BALL CHANGE

1-2 Place ball of right foot to right side, drop right heel

牆數: 4

- 3-4 Place ball of left across in front of right, drop left heel
- 5-6 Place ball of right foot to right side, drop right heel
- 7&8 Kick forward with left foot, rock back with ball of left, step in place with right
- 1-8 Repeat above 8 counts to left starting with left foot

STEP, ½ TURN LEFT, STEP, ½ TURN LEFT, JUMP FORWARD, CLAP, BACK, CLAP

- 1-2 Step forward with right foot, turn 1/2 left shifting weight forward to left foot
- 3-4 Repeat above 2 counts
- &5-6 Quickly step forward with right foot, step left beside right, clap
- &7-8 Quickly step back with right foot, step left beside right, clap

OUT, OUT, HOLD, RIGHT KNEE IN, HOLD, 2 KNEE ROLLS RIGHT

- & Quickly step right out to right side
- 1-2 Place left foot out to left side so feet are shoulder width apart, hold
- 3-4 Turn right knee in like Elvis, hold
- 5-8 Circle right knee outward 2 times (2 counts per knee roll)

1/4 TURN RIGHT, SHUFFLE RIGHT, STEP, 3/4 TURN RIGHT, SIDE SHUFFLE LEFT, ROCK, STEP

- 1&2 Turn 1/4 right, shuffle forward right, left, right (toward side wall)
- 3-4 Step forward with left, turn ³/₄ right shifting weight forward to right foot
- 5&6 Shuffle to left side left, right, left (facing front)
- 7-8 Rock back with right foot, replace weight forward to left foot

POINT SIDE, CROSS FRONT, POINT SIDE, CROSS FRONT, REPEAT

- 1-2 Point right toe to right side, step right foot across in front of left
- 3-4 Point left toe to left side, step left foot across in front of right
- 5-8 Repeat above 4 counts

ROCK FORWARD, STEP. 2 SKIPS BACK, ROCK BACK, STEP

- Rock forward with right foot, replace weight back to left foot 1-2
- 3-4 Kick right foot to right side while hopping on left foot, step back with right foot
- 5-6 Kick left foot to left side while hopping on right foot, step back with left foot
- 7-8 Rock back with right foot, replace weight forward to left foot

STEP, ¼ TURN, STEP, ¼ TURN, STEP, ¼ TURN, STEP, ¼ TURN, ¼ TURN

- Step forward with right foot, turn 1/4 left shifting weight to left foot 1-2
- Step forward with right foot, turn 1/4 left shifting weight to left foot 3-4
- 5-8 Repeat above 4 counts
- & Turn ¹/₄ left on left foot to start again with toe struts to the right side

REPEAT







