

Live Like You Were Dying

COPPER **NOB**
BY STEPHEN

拍數: 48 牆數: 2 級數: Intermediate/Advanced
編舞者: Joanna Wingrove (UK)
音樂: Live Like You Were Dying - Tim McGraw



ROCK RECOVER, AND CROSS SIDE, ¼ TURNING LEFT SAILOR STEP, STEP ¾ SWEEP ROUND

- 1-2 Rock right forward on slight diagonal (11:00), recover onto left foot behind right
&3-4 And cross right foot in front of left foot, step right foot to right side
5&6 Left sailor step turning ¼ left, stepping left, right, left
7-8 Step forward onto right foot and ¾ turn left sweeping left foot with a point at the end

BEHIND SIDE CROSS, KICK AND TOUCH, TURNING IN FULL CIRCLE STEP LOCK BY 3, STEP

- 1&2 Left foot crosses behind right, right foot steps out to right side, left foot crosses in front of right foot - weight on left foot
3&4 Kick right foot forward, step right foot back in place and touch left foot in front of right
5&6&7& Turning in a full circle left - step left foot turning a ¼ left and bring right foot to step behind left foot (repeat 3 times)
8 Step forward on left foot - weight on left foot

POINT MONTEREY, STEP BEHIND ¼ STEP, STEP ½ TURN STEP, WALK LEFT RIGHT

- 1-2 Point right foot out to right side and do a full Monterey turning right placing weight on right
3&4 Step left foot out to left side, cross right foot behind left and step left foot forward turning ¼ left
5&6 Step right foot forward and pivot ½ left stepping forward onto right foot
7-8 Walk forward left, right

ROCK AND CROSS, SHUFFLE BACK, LEFT COASTER STEP, FULL TURN STEP

- 1&2 Rocking out to the left side using left foot, recover onto right foot, cross left foot in front of right - weight on left
3&4 A locking shuffle back right, left, right
5&6 Stepping back on left, bringing right foot together next to left, step forward onto left foot
7&8 Stepping back on right ½ turning left, stepping forward on left turning ½ left, step forward on right foot - weight on right

STEP ½ TURN STEP, FULL TURN STEP, AND LEFT MAMBO STEP, STEP ¼ TOUCH

- 1&2 Step forward left, pivot ½ turning right, step forward onto left foot - weight on left
3&4 Stepping back right turning ½ left, stepping forward on left ½ turning left, step forward on right foot
5&6 Step forward on left, step back on right, step back on left
7-8 ¼ turn right stepping on right to right side, touch left next to right

STEP LOCK STEP, STEP LOCK STEP, ROCK RECOVER LONG STEP, CROSS UNWIND

- 1&2 Step left forward, lock right behind left, step forward left
3&4 Step right forward, lock left behind right, step forward right
5&6 Rock forward left, recover on right foot, long step back on left foot
7-8 Cross right in front of left, full turn left unwinding

REPEAT

RESTART

Restart on wall 4 after count 16

TAG

On wall 6 after count 16:

1-4 Hip bumps right, left, right, left

Restart the dance from the beginning
