

Little White Lies (P)

拍數: 48 牆數: 0 級數: Partner
編舞者: Pat Cartwright (UK) & Ray Cartwright (UK)
音樂: Red Lips, Blue Eyes, Little White Lies - Gary Allan



Position: Sweetheart Position. Same Footwork for both partners

2 X SIDE SHUFFLES & CROSS, HOLD

1&2 Step left to left, step right next to left, step left to left
&3-4 Step back on the right, cross left in front of right, hold
5&6 Step right to right, step left next to right, step right to right
&7-8 Step back on left, cross right in front of left, hold

Remain in sweetheart position during steps 1 to 8

2 X HALF TURN SHUFFLES, ROCK STEPS, COASTER STEP

9&10 Left shuffle turning a half turn to the left to face RLOD

Raise left hands, releasing right, man goes under left hands

11&12 Right shuffle turning a half turn to the left to face LOD

Resume sweetheart position

As an alternative for steps 9 to 12, shuffle forward on the left and right

13-14 Rock forward on left, rock back on right

15&16 Step back on left, step right next to left, step forward on left

STEP TURN, CROSS SHUFFLE, 2 X PADDLE TURNS

17-18 Step forward on right, step left a ¼ turn to the left to face ILOD

Keeping contact with both hands, take right hands over lady's head

19&20 Cross right over in front of left, step left to left side, cross right in front of left

21-22 Step left forward, with weight on both feet make 1/8 turn to right

23-24 Repeat steps 21 & 22 to end up facing LOD.

Release left hands at the start of step 23, resuming sweetheart position on step 24

CROSS, BUMP TURNS, STEP TURN, STEP LOCK STEP

25-28 Cross left over right, unwind ½ turn right over 3 counts to face RLOD (end with weight on left)

You will now be in reverse sweetheart position.

29-30 Step forward on right, with weight on right make a ½ turn to the left to face LOD stepping forward on left

Resume sweetheart position

31&32 Step forward on right, lock left behind right, step forward on right,

4 X STEP TOUCH TURNS

MAN:

33-34 Step left to the side turning ¼ turn to right to face OLOD, touch right next to left

35-36 Step right to the side turning ¼ turn to right to face RLOD, touch left next to right

37-38 Step left to the side turning ¼ turn to right to face ILOD, touch right next to left

39-40 Step right to the side turning ¼ turn to right to face LOD, touch left next to right

LADY

33-34 Step left to the side turning ¼ turn to left to face ILOD, touch right next to left

35-36 Step right to the side turning ¼ turn to left to face RLOD, touch left next to right

37-38 Step left to the side turning ¼ turn to left to face ILOD, touch right next to left

39-40 Step right to the side turning ¼ turn to left to face LOD, touch left next to right

It is important that the man is positioned behind the lady in sweetheart position at the commencement of these 8 steps remaining behind the lady over the full 8 step sequence. Man performs a full turn to his right over the 8 steps. Lady performs a full turn to her left over the 8 steps. During steps 33 & 34 lift right hands

above head keeping left hands low, keep hands in the same position for steps 35 & 36. Before commencing steps 37 & 38 lower right hand and raise left hands above head. Resume sweetheart position during steps 39&40

KICK BALL CROSS, STEP LOCK STEP, ROCK STEPS, STEP LOCK STEP

41&42 Kick left forward, step left in place next to right, cross right over left

43&44 Step back on left, lock right over in front of left, step back on left

45-46 Rock back on right, step forward on left

47&48 Step forward on right, lock left behind right, step forward on right

REPEAT
