

Little Texas Hearts

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Joanne Brady (USA) & Roz Morgan (USA)
音樂: Their Hearts Are Dancing - The Forester Sisters



SIDE ROCK BEHIND, SIDE ROCK BEHIND

- 1-3 Rock left foot to left side, replace weight to right foot, step left foot behind right foot
4-6 Rock right foot to right side, replace weight to left foot, step right foot behind left foot

¾ TURN LEFT, CROSS ROCK RECOVER

- 1-2 Step forward on left foot, ½ turn left while stepping back on right foot
3 Step onto left foot making ¼ turn left (this completes your ¾ turn and you should be facing 3:00)
4-6 Step right foot across left foot, recover weight to left foot, step right foot next to left

CROSS ROCK RECOVER, ¾ TURN RIGHT

- 1-3 Step left foot across right foot, recover weight to right foot, step left foot next to right
4-5 Step forward on right foot, ½ turn right while stepping back on left foot
6 Step onto right foot making ¼ turn right (this will complete your ¾ turn and you are now back to the 12:00 or beginning wall)

CROSS ROCK RECOVER, LEFT WEAVE

- 1-3 Step left foot across right foot, recover weight to right foot, step left foot to left
4-6 Step right foot across left foot, step left foot to left, cross right foot behind left foot

SIDE, ROCK, BEHIND, SIDE, CROSS IN FRONT AND POINT

- 1-2 Step left foot to left (this will feel like you are rocking to the left); recover weight to right foot
3 Cross left foot behind right foot
4-6 Step right foot to right, cross left foot in front of right foot, point right toe to right

BALANCE FORWARD, BALANCE BACK

- 1-3 Step forward on right foot, step left foot next to right, step right foot next to left
4-6 Step back on left foot, step right foot next to left, step left foot next to right

STEP, TOUCH, KICK, JAZZ WITH A ¼ TURN LEFT

- 1-3 Step forward on right foot, touch left toe to right instep, kick left foot forward (low to ground-smooth lift)
4-6 Cross left foot over right foot, step back on right foot, step ¼ to left on left foot

STEP, TOUCH, KICK, CROSS, STEP, TOUCH

- 1-3 Step forward on right foot, touch left toe to right instep, kick left foot forward (low to ground-smooth lift)
4-6 Cross left foot over right foot, step right foot to right side, drag left toe to touch next to right instep

REPEAT