

Little Switches

拍數: 40 牆數: 4 級數: Improver
編舞者: Brenda Rowsell (CAN)
音樂: Every Little Thing - Carlene Carter



VINE TO THE RIGHT, HEEL SWITCHES

1-4 Step right foot to the right, step left behind right, step to the right on right, touch left toe beside right
5&6 Touch left heel forward diagonally, step left home, step right heel forward diagonally
7&8 Step right foot home, touch left heel forward diagonally, touch left toe beside right foot

VINE TO THE LEFT, HEEL SWITCHES

9-12 Step left foot to the left, step right behind left, step left foot to the left, touch right toe beside left foot
13&14 Touch right heel forward diagonally, step right home, touch left heel forward diagonally
15&16 Touch left heel home, touch right heel forward diagonally, touch right toe beside left foot

ROCK, SHUFFLE

17-18 Rock forward on the right foot, recover on the left foot
19&20 Shuffle forward right, left, right
21-22 Rock forward on the left foot, recover on the right foot
23&24 Shuffle forward left, right, left

TOE STRUT, HEEL DROP, ROCK FORWARD, ½ TURNING SHUFFLE

25-26 Step forward on the right toe, drop heel
27-28 Step forward on the left toe, drop heel
29-30 Rock forward diagonally right across left, recover on left
31&32 Step right foot ¼ turn right, step on ball of left foot beside the right, step right ¼ turn to the right

ROCK STEP, ½ TURNING SHUFFLE, STEP, ¼ TURN, STOMPS

33-34 Rock forward diagonally left across right, recover on the right
35&36 Step left foot ¼ turn to the left, step on ball of right foot beside the left, step left ¼ turn to the left
37-38 Step forward on the right foot, ¼ turn to the left
39-40 Stomp right next to left step, stomp left next to right

REPEAT
