

A Little Salsa

COPPERKNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Karen Bleuer (USA)
音樂: Oye - Gloria Estefan



SYNCOPATED RIGHT VINE WITH HOLD, PIVOT ¼ LEFT, PIVOT ½ LEFT WITH TOUCH

1-2&3-4 Step right to right, hold for one count, step left behind right, step right to right, step left in front of right
5-6 Step right to right, pivot ¼ turn left stepping weight onto left
7-8 Pivoting ½ turn left step right f back, touch left beside right
You may remove the turns by turning ¼ turn right instead of left then step back on right and touch left beside right

MAMBO LEFT, MONTEREY TURN RIGHT, CHASE' STEP LEFT

1&2 Rock left out to left, recover weight onto right, step left beside right
3&4 Touch right out to right, with weight on left - pivot ½ turn right stepping right beside left
5-6 Touch left out to left, hold for one count
& Quickly take weight onto left stepping right beside left
7-8 Rock onto the ball of left foot out to the left, recover weight onto right

SALSA FORWARD - BACK, SIDE TOE TOUCH RIGHT - LEFT WITH ¼ TURN LEFT

1-2& Step left forward, rock forward onto right, recover weight onto left
3-4& Step right back, rock back onto left, recover weight onto right
5-6& Step left beside right, touch right out to right, step right beside left
7 Touch left toe beside right about a shoulder width apart
8 Pivot ¼ turn left rolling your hip & knee to the left keeping weight on your right

FORWARD LOCK STEPS, PIVOT ¼ TURN WITH TOE TAP, HEEL SWITCHES - SQUAT WITH LITTLE HIP PUSHES

1-2-3 Step left forward, step right behind left, step left forward
&4 Pivot ½ turn left tapping right toe behind left heel twice (second tap will be slightly back)
5&6 Touch right heel forward, step right slightly in front of left, touch left foot forward, flat on the floor (your hips will naturally push slightly forward)
&7-8 Squat as if sitting in a chair as you push your hips slightly back, stand up slightly as you push your hips forward, stand up straight as you push your hips back transferring your weight to your right

You may remove the squat and simply do hop bumps

STEP PIVOT ½ RIGHT, STEP FORWARD & TOUCH, LOCK STEPS BACK

1-2 Step left in front of right, pivot ½ turn right stepping weight onto right
3-4 Step left in front of right, touch right out to right
5-8 Step right across in front of left, step left back, step right in front of left, step left back

LOCK STEPS OR SHUFFLE FORWARD, SYNCOPATED ½ TURN RIGHT, REPEAT 1-TIME

1&2 Step right forward, step left behind right, step right forward
3&4 Step left forward, pivot ½ turn right stepping weight onto right, step left forward
5&6-7&8 Repeat counts 1&2, 3&4 one time

You may remove the triple turn by replacing with a left step pivot then a left forward shuffle and a right step pivot

REPEAT

