Little Repose Waltz

級數: Improver waltz

編舞者: Jan Wyllie (AUS)

拍數: 51

音樂: Lay Down Beside Me - Kenny Rogers

WALTZ FORWARD, WALTZ BACK, WALTZ FORWARD MAKING ½ LEFT, WALTZ BACK

- 1-2-3-4-5-6 Waltz forward left, right, left waltz back right, left, right
- 7-8-9 Waltz forward left, right, left making 1/2 turn left
- 10-11-12 Waltz back right, left, right

TO DIAGONAL: STEP SCUFF SCUFF, WALTZ BACK, WALTZ FORWARD ½ TURN, WALTZ BACK

- 13-14-15 Turning to face left corner: step forward on left, scuff right forward and back
- 16-17-18 Still facing diagonal: waltz back right, left, right
- 19-20-21 Still facing diagonal: waltz forward left, right, left making 1/2 turn left
- 22-23-24 Waltz back right, left, right straightening up to the side wall (9:00)

WALTZ FORWARD, WALTZ BACK, STEP FORWARD STEP PIVOT ¼, CROSS WALTZ

- 25-30 Waltz forward left, right, left waltz back right, left, right
- 31-32-33 Step forward on left, step forward on right pivot ¼ left transferring weight to left
- 34-35-36 Step right across left, rock/step left to left, rock/return weight sideways onto right

CROSS WALTZ, CROSS WALTZ, WALTZ FORWARD, STEP BACK SLIDE HOLD

- Step left across right, rock/step right to right, rock/return weight sideways onto left 37-38-39
- 40-41-42 Step right across left, rock/step left to left, rock/return weight sideways onto right
- 43-44-45 Waltz forward left, right, left
- 46-47-48 Step back on right, slide left to right, hold

WALK FORWARD LEFT, RIGHT SCUFF

49-50-51 Walk forward left right, scuff left forward

REPEAT

TAG

Do it after walls 1 and 3. Do it twice after wall 2

1-2-3 Touch left heel forward, hold, touch left toe beside right





牆數: 2