

A Little Prayer

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Improver
編舞者: Judith Campbell (NZ)
音樂: But for the Grace of God - Keith Urban



2 SHUFFLES FORWARD, STEP ACROSS, BACK, SIDE SHUFFLE

1&2-3&4 Two shuffles forward (right-left-right, left-right-left) using small steps
5-6-7&8 Step right foot across in front of left, step left back, shuffle right foot to right side

ROCK FORWARD / BACK ½ TURN LEFT, LOCK STEP, STEP ½ PIVOT, LOCK STEP

1-2 Rock forward on to left, rock back onto right turning ½ to left
3&4 Step forward on left, lock right behind left, step forward on left
5-6-7&8 Step forward on right ½ pivot to left, lock step forward on right foot

2 SHUFFLES BACKWARDS, STEP ACROSS, BACK SIDE SHUFFLE

1&2-3&4 Two shuffles backwards (left-right-left right-left-right)
5-6-7&8 Step left across in front of right, step right foot back, shuffle left foot to left side

ROCK BACK / FORWARD, LOCK FORWARD, ½ PIVOT, LOCK FORWARD

1-2-3&4 Rock back on right foot, rock forward onto left, lock step forward right (right-left-right)
5-6-7&8 Step forward on left foot, ½ pivot to right, lock step forward on left (left-right-left)

TOE HEEL & HOOK, SHUFFLE FORWARD, 2 CROSS BALL CHANGES (LIKE A FORWARD SAILOR)

1-2 Tap right toe by left foot (knee turned in), tap right heel by left foot ((toe turned out)
&3&4 Hook right foot to left shin, shuffle right foot forward (right-left-right)
5&6-7&8 Cross left over right, step right to right side, step left in place, cross right over left, step left to side, step right in place (this is like a forward sailor)

CROSS UNWIND ½, COASTER, KICK BALL STEP, KICK BALL TAP WITH ¼ TURN

1-2 Cross left over right, unwind ½ to right (taking weight onto left foot)
3&4 Coaster step (back together forward) (right-left-right)
5&6 Kick left foot forward, step forward onto left, step forward onto right foot
7&8 Kick left forward, turning ¼ to left step forward, tap right foot to right side

REPEAT
