

A Little Peace (And Quiet)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Beginner
編舞者: John Sharman (UK) & Pete Cranwell (UK)
音樂: A Little Peace - Speed Limit



ROCK FORWARD, RECOVER, ROCK BACK, RECOVER

1-2 Rock forward on right, rock back on left
3-4 Rock back on right, rock forward on left.

SWAY RIGHT, LEFT, RIGHT, LEFT

5-6 Step right foot to the side and sway hips right and left
7-8 Sway hips right and left

GRAPEVINE RIGHT TOUCH LEFT

9-10 Step right foot to right side, cross left behind right
11-12 Step right foot to right side, touch left beside right

SWAY LEFT, RIGHT, LEFT, RIGHT

13-14 Step left foot to the side and sway hips left and right
15-16 Sway hips left and right

ROLLING VINE LEFT, SCUFF RIGHT

17-18 Make a quarter turn left stepping on left, make a half turn left stepping on right
19-20 Make a quarter turn left stepping on left, scuff right foot through

JAZZ BOX

21-22 Cross right over left, step back on left
23-24 Step on right beside left, step forward on left

STEP, TURN, RIGHT SHUFFLE

25-26 Step forward on right, pivot a half turn left
27&28 Step right foot forward, slide left beside right, step forward on right

STEP, TURN, LEFT SHUFFLE

29-30 Step forward on left, pivot a half turn right
31&32 Step left foot forward, slide right beside left, step forward on left

REPEAT
