

Little Man Cha-Cha (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數: Partner
編舞者: Michelle Chandonnet (CAN) & Marc Archambault (CAN)
音樂: Little Man - Alan Jackson



Position: . Begin in Side-by-side position

MAN'S STEPS

SHUFFLE FORWARD, SHUFFLE FORWARD, SHUFFLE ¼ TURN, SHUFFLE ¼ TURN

1&2 Shuffle forward left-right-left

3&4 Shuffle forward right-left-right

5&6 Shuffle ¼ turn to right left-right-left

Keeping hands joined, man pass right arm over lady's head. Facing each other, hands crossed

7&8 Shuffle ¼ turn to left right-left-right

Return to side-by-side position

SHUFFLE ¼ TURN, SHUFFLE ¼ TURN, SHUFFLE FORWARD, SHUFFLE FORWARD

1&2 Shuffle ¼ turn to right left-right-left

Keeping hands joined, man pass right arm over lady's head. Facing each other, hands crossed

3&4 Shuffle ¼ turn to left right-left-right

Both release left hand, return to side-by-side position

5&6 Shuffle forward left-right-left

7&8 Shuffle forward right-left-right

KICK, KICK, COASTER STEP (TWICE)

1-2 Kick left forward (twice)

3&4 Step left back, step right beside left foot, step left forward

5-6 Kick right forward (twice)

7&8 Step right back, step left beside right foot, step right forward

STEP ¼ TURN WITH DOUBLE VINE, STEP ¼ TURN, SCUFF

1-2 Step left ¼ turn to right, cross right behind left foot

Keeping hands joined, man pass right arm over lady's head. Facing each other, hands crossed

3-4 Step left to left side, cross right over left foot

5-6 Step left to left side, cross right behind left foot

Keeping hands joined, both raise arms over lady's head

7-8 Step left ¼ turn left, scuff right

Keeping hands joined, left arms pass over man's head and right arms pass over lady's head (7) finish with left arms behind man's head on his left shoulder and right arms behind lady's head on her right shoulder(8)

SHUFFLE FORWARD, SHUFFLE FORWARD, VINE, SCUFF

1&2 Shuffle forward right-left-right

3&4 Shuffle forward left-right-left

5-6 Step right to right, cross left behind right foot.

Keeping hands joined, right arms pass over lady's head and go down behind man

7-8 Step right to right, scuff left

VINE, SCUFF, STEP, SLIDE, STEP, SCUFF

1-2 Step left to left, cross right behind left foot

Release right hands and raise left arms over lady's head

3-4 Step left to left, scuff right

Retake right hands to return to side-by-side position on count 4

5-6 Step right forward, slide left beside right foot

7-8 Step right forward, scuff left

REPEAT

LADY'S STEPS

SHUFFLE FORWARD, SHUFFLE FORWARD, SHUFFLE ¼ TURN, SHUFFLE ¼ TURN

1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left
5&6 Shuffle ¼ turn to left right-left-right
7&8 Shuffle ¼ turn to right left-right-left

SHUFFLE ¼ TURN, SHUFFLE 1-¼ TURN, SHUFFLE FORWARD, SHUFFLE FORWARD

1&2 Shuffle ¼ turn to left right-left-right
3&4 Shuffle ¾ turn to right left-right-left
5&6 Shuffle forward right-left-right
7&8 Shuffle forward left-right-left

KICK, KICK, COASTER STEP (TWICE)

1-2 Kick right forward (twice)
3&4 Step right back, step left beside right foot, step right forward
5-6 Kick left forward (twice)
7&8 Step left back, step right beside left foot, step left forward

STEP ¼ TURN WITH DOUBLE VINE, 1-¼ TURN FORWARD, SCUFF

1-2 Step right ¼ turn to left, cross left behind right foot
3-4 Step right to right side, cross left over right foot
5 Step right ¼ turn to right
6 Step left turning ½ turn to right on ball of right foot facing RLOD
7 Step right back turning ½ turn to right on ball of left foot
8 Scuff right, ending facing LOD

SHUFFLE FORWARD, SHUFFLE FORWARD, VINE BEHIND MAN, SCUFF

1&2 Shuffle forward left-right-left
3&4 Shuffle forward right-left-right
5-6 Step left to left behind man, cross right behind left foot
7-8 Step left to left, scuff right

Lady is to man's left side

VINE IN FRONT OF MAN, SCUFF, STEP, SLIDE, STEP, SCUFF

1-2 Step right to right in front of man, cross left behind right foot
3-4 Step right to right, scuff left
5-6 Step left forward, slide right beside left foot
7-8 Step left forward, scuff right

REPEAT
