Little Lulu

拍數: 32

級數: Improver

編舞者: Sharon O. Williams

音樂: Be-Bop-A-Lula - Gene Vincent

This dance is dedicated to Dickie "BeBop" Harrell, the drummer on the original song Be-Bop-a-lula.

ROCK FORWARD, RECOVER, ROCK BACK, RECOVER, FORWARD, TOUCH, ¼ PIVOT RIGHT

- 1-2 Rock step forward on right, recover on left
- 3-4 Rock step back on right, recover on left
- 5-6 Step forward on right, touch left to left
- 7-8 Step forward on left, pivot ¼ turn right

CROSS, ROCK RIGHT, RECOVER, BACK, BACK, FORWARD, ½ PIVOT RIGHT

- 1-2 Step left in front of right, rock step right to right
- 3-4 Recover on left, step back on right
- 5-6 Step back on left, step forward on right
- 7-8 Step forward on left, pivot ½ turn right

LOCK STEP FORWARD, FORWARD, BRUSH, HEEL - TOGETHER TWICE

- 1-2 Step left forward at angle (toes out), step right behind left
- 3-4 Step left forward and to left (straighten foot), brush right beside left
- 5-6 Touch right heel forward at angle (toes out), step right beside left
- 7-8 Touch left heel forward at angle (toes out), step left beside right

SNAP FINGERS AND HOLD TWICE, KNEE BENDS X 4, ROCK RIGHT, RECOVER

- 1-2 Snap fingers and hold position twice
- 3-4 Bend left knee (weight to right), bend right knee (weight to left)
- 5-6 Repeat 3-4
- 7-8 Rock step right to right, recover on left

REPEAT

TAG

When using recommended song, start dance at the end of drum roll (count 49). At the end of the song you will be facing 3:00 wall right foot forward, on last 2 counts pivot ¼ turn left, snap fingers and hold position





牆數:4