

A Little Hip

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 2 級數: Improver cha cha
編舞者: Gary McIntyre (CAN)
音樂: Ashes By Now - Lee Ann Womack



CUBAN BREAKS INTO LOCK STEP

1 Step right foot to the side
2 Break left foot across right foot
& Recover weight to right foot
3 Break left foot back
& Recover weight to right foot
4 Break left foot across right foot
& Recover weight to right foot
5 Break left foot back
6 Break right foot back
7 Recover weight to left foot
8 Step right foot forward
& Lock left foot behind right foot
1 Step right foot forward

DOUBLE PRESS HIP TO BACK LOCK SIDE, ¼TURN, TRIPLE FORWARD

2 Step left foot forward, push left hip forward
& Recover to right foot (leaving left foot forward)
3 Push left hip forward
& Recover to right foot
4 Step left foot back
& Lock right foot in front of left foot
5 Step left foot back
6 Step right foot back
7 Step left foot to the side, ¼ turn left
8 Step right foot forward
& Lock left foot behind right foot

RONDE INTO CHAINE TURN TO THE RIGHT, ¼TURN, SIDE TRIPLE

1-2 Step right foot forward and make ½ turn right as you sweep left foot
3 Step left foot forward
4 Step right foot forward, ¼ turn right
& Step left foot together, ¾ turn right
5 Step right foot forward, ¼ turn right
6 Step left foot to the side
7 Step right foot next to left foot
8 Step left foot to the side
& Step right foot next to right foot
1 Step left foot to the side

HIP SWITCHES IN PLACE

2 Step right foot next to left foot
3 Step left foot in place
4 Step right foot in place
& Step left foot in place
5 Step right foot to the side

- 6 Step left foot next to right foot
- & Step right foot in place
- 7 Step left foot to the side
- 8 Step right foot next to left foot
- & Step left foot in place

REPEAT
