Little Freaky Girl

級數: Improver

COPPER KNOB

拍數: 32

牆數:4

編舞者: David Spencer (UK)

音樂: Freaky Girl - Shaggy



SKATE RIGHT-LEFT, RIGHT SHUFFLE, 2 WALKS, LEFT SHUFFLE (TURNING A FULL CIRCLE RIGHT)

- 1-2 Skate right to right diagonal, skate left to left diagonal (on the spot)
- 3&4 Shuffle forward right-left-right curving to the right and making a half turn in a semi-circle
- 5-6 Walk forward left-right curving to the right
- 7&8 Shuffle forward left-right-left curving to the right completing a full turn

Counts 3-8 should complete a full circle to the right

DIAGONAL STEPS FORWARD AND BACK RIGHT-LEFT-RIGHT-LEFT, SIDE STEPS RIGHT-LEFT, HEEL BOUNCES X 3

- 1-2 Step right forward to right diagonal, step left forward to left diagonal
- 3-4 Step right back to place, step left beside right
- &5 Step right to right side, step left to left side (shoulder width apart)
- 6-8 Bounce both heels three times

3 WALKS FORWARD, ½ TURN RIGHT WITH RONDE, 3 WALKS FORWARD, ½ TURN LEFT WITH RONDE

- 1-3 Walk forward right-left-right
- 4 Sweep left leg out and around making a half turn right on ball of right foot, bending right knee slightly ending with left toe touched next to right
- 5-7 Walk forward left-right-left
- 8 Sweep right leg out and around making a half turn left on ball of left foot, bending left knee slightly ending with right toe touched next to left

RIGHT PRESS KICK, RIGHT BEHIND-SIDE-CROSS, LEFT PRESS KICK, LEFT BEHIND-¼ TURN RIGHT-STEP FORWARD LEFT

- 1-2 Press right toe to right diagonal, kick right to right diagonal while pushing back onto left
- 3&4 Step right behind left, step left to left side, cross step right over left
- 5-6 Press left toe to left diagonal, kick left to left diagonal while pushing back onto right
- 7&8 Step left behind right, making quarter turn right step forward on right, step forward on left

REPEAT

SUGGESTED EASIER OPTIONS:

Counts 4 & 8 of section 3 - hitch knee (instead of ronde) when making the half turns

Counts 1-2 of section 4 - right side rock, recover on left

Counts 5-6 of section 4 - left side rock, recover on right