

A Little Drink, A Little Dance

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: A Little Drink, A Little Dance (feat. Lee Roy Parnell) - Flaco Jimenez



Before teaching dance, have students turn and face the back wall. Then have them do counts 31 - 32. This will be your starting position, left foot in front of right weight on right foot

HEEL TAPS, FULL TO THE LEFT ROLLING TURN, TRIPLE STEP

On the 1st and 5th wall, with each tap of the left heel bring left hand closer to mouth as if lifting a drink

- 1-4 Tap left heel (4) four times
- 5-6 Step to the left on left foot and begin a full to the left rolling turn traveling to the left; step on right foot and complete full to the left rolling turn
- 7&8 Triple step in place (left, right, left)

BRUSHES, ROMP, SCUFF, DIAGONAL STEP-SLIDE, SYNCOPATED DIAGONAL STEP-CROSS-STEP

- 9-10 Brush right foot forward; brush right foot back
- &11 Step back on right foot; touch left heel forward
- &12 Step left foot to home; scuff right foot next to left
- 13-14 Step forward and diagonally to the right on right foot; slide left foot up and behind right foot
- &15 Step forward and diagonally to the right on right foot; cross left foot over right and step
- 16 Step forward and diagonally to the right on right foot

1 ¼ TO THE LEFT ROLLING TURN, SCUFF, JAZZ SQUARE, TOE TOUCH

- 17-18 Step to the left on left foot and begin a 1 ¼ to the left rolling turn traveling to the left; step on right foot and continue 1 ¼ to the left rolling turn
- 19-20 Step on left foot and complete 1 ¼ to the left rolling turn; scuff right foot next to left
- 21-22 Cross right foot over left and step; step back on left foot
- 23-24 Step slightly to the right on right foot; touch left toe to the left

KNEE/UPPER BODY TWIST, SYNCOPATED STEP BACK, TO THE LEFT MILITARY PIVOTS

- 25-26 With left toe pointed out and weight on right foot, twist left knee and upper body a ¼ turn to the left; twist left knee and upper body a ¼ turn to the right to return facing forward
- 27-28 With left toe pointed out and weight on right foot, twist left knee and upper body a ¼ turn to the left; twist left knee and upper body a ¼ turn to the right to return facing forward
- & Step left foot next to right
- 29-30 Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot
- 31-32 Step forward on right foot; pivot ½ turn to the left on ball of right foot and step down onto right foot in place

REPEAT
