

A Little Crazy

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Gareth Hopkins
音樂: Wound Up - LeAnn Rimes



ROCK AND SLIDE (X4)

1& Right foot rock behind left, recover weight to left
2 Right foot step slide diagonally forward
3& Left foot rock behind right, recover weight to right
4 Left foot step slide diagonally forward
5& Right foot rock behind left with ¼ turn to right, recover weight to left
6 Right foot step slide to right
7& Left foot rock behind right, recover weight to right
8 Left foot step slide to left

JAZZ BOX, CHASSE, FULL TURN, RIGHT SWING, STEP BEHIND, ¼ TURN

9 Right foot step right across left
10 Left foot step back
11&12 Chasse to right
13 Left foot step left over right, transferring weight to left
& Left foot full unwind keeping right crossed in front of left
14 Right foot swing right round to right side
15 Right foot step right behind left
& Left foot step to left side with ¼ turn
16 Right foot step forward

KICK BALL ROCK, STEP, SLIDE AND TOUCH, SHUFFLE, ½ TURN

17 Left foot kick left foot forward
& Left foot step left next to right
18 Right foot step right foot forward
& Left foot rock back onto left
19 Right foot step right foot behind (sliding left foot to right)
20 Left foot touch left foot crossed over right
21&22 Shuffle forward left-right-left
23 Right foot step right foot forward (transfer weight to right foot)
&24 ½ turn (over left shoulder), sit back and down onto right foot and touch left foot

KICK AND STEP (TWICE), ROCK, RECOVER, COASTER STEP, ¼ TURN

&25 Left foot sit up and kick left foot forward
& Left foot replace left foot next to right
26 Right foot step right foot forward
27 Left foot kick left foot forward
& Left foot replace left foot next to right
28 Right foot step right foot forward
29 Left foot rock step forward
&30 Right foot recover on right foot and hitch left knee
31&32 Left foot coaster step with ¼ turn to right

REPEAT