

A Little Bit Of Mambo

COPPERKNOB
BY STEPHENETS

拍數: 0 牆數: 2 級數: Improver
編舞者: Ir Torre (SG)
音樂: Mambo No.5 - Lou Bega



Prepare to dance after 32 counts from the beginning of track. The dance starts from PART B.

PART A

SIDE-STEP LEFT, RIGHT TOGETHER, LEFT FORWARD, HOLD, SIDE-STEP RIGHT, LEFT TOGETHER, RIGHT BACK, HOLD

1-4 Step left to left side, close right beside left, step forward on left, hold
5-8 Step right to right side, close left beside right, step back on right, hold

SIDE-MAMBO ROCK LEFT, SIDE-MAMBO ROCK RIGHT

1-4 Rock left to left side, recover weight on right, close left beside right, hold
5-8 Rock right to right side, recover weight on left, close right beside left, hold

LEFT-STEP FORWARD, PIVOT HALF-TURN RIGHT, LEFT STEP-FORWARD, HOLD RIGHT-STEP FORWARD, PIVOT HALF-TURN LEFT, RIGHT STEP-FORWARD, HOLD

1-4 Step forward on left, pivot half-turn right, step forward on left, hold
5-8 Step forward on right, pivot half-turn left, step forward on right, hold

Only at Wall-7 (12:00), restart dance from Part A

LEFT-STEP FORWARD, PIVOT HALF-TURN RIGHT, HALF-TURN RIGHT WITH LEFT-BACK HOLD, RIGHT-ROCK BACK & RECOVER-FORWARD, RIGHT-STEP FORWARD HOLD

1-4 Step forward on left, pivot half-turn right, half-turn right again with left step back, hold
5-8 Rock back on right, recover weight on left, step forward on right, hold

PART B

LEFT SIDE-MAMBO ROCK & CROSS, WEAVE RIGHT

1-4 Rock left to left side, recover weight on right, cross left over right, hold
5-8 Step right to right side, cross left behind right, step right to right side, cross left over right

RIGHT SIDE-MAMBO ROCK & CROSS, WEAVE LEFT

1-4 Rock right to right side, recover weight on left, cross right over left, hold
5-8 Step left to left side, cross right behind left, step left to left side, cross right over left

Only at wall-5 (12:00), restart dance from Part A

FORWARD MAMBO-ROCK LEFT, BACK MAMBO-ROCK RIGHT WITH HALF-TURN LEFT

1-4 Rock forward on left, recover weight on right, step back on left, hold
5-8 Rock back on right, recover weight on left, half-turn left with right step back, hold

LEFT COASTER-STEP HOLD, RIGHT-STEP FORWARD, BUMP HIPS RIGHT-LEFT-RIGHT, HOLD

1-4 Step back on left, close right beside left, step forward on left, hold
5-8 Step forward on right as you bump hips: right, left, right, hold

REPEAT

Repeat includes all of Parts A & B. Restart from Part A when facing only walls 5 & 7 at 12:00.