

Little Bit Of Mambo

COPPERKNOB
STEPPSHEETS

拍數: 32 牆數: 4 級數:
編舞者: Rita M. Kyle (USA)
音樂: Mambo No.5 - Lou Bega



FOUR WAY MAMBOS

1&2 Push rock forward with right toe, shift weight to left, bring right to center
3&4 Push rock back with left toe, shift weight to right, bring left to center
5&6 Push rock right toe to right, shift weight to left, bring right to center
7&8 Push rock left toe to left, shift weight to right, bring left to center

SIDE STEPS, SIDE SHUFFLE

1-2 Right to right, left beside right
3&4 Side shuffle to right, right, left, right (lots of hip action)
5-6 Left to left, right beside left
7&8 Side shuffle to left, left, right, touch left (lots of hip action)

FORWARD EASY SWAYS, ¼ TURNING VINE

1&2 Left forward, sway back on right, forward on left
3&4 Right forward, sway back of left, forward on right
5-6 Left to left, right behind left begin ¼ turn
7-8 Left to left completing turn, touch right

SHUFFLES FORWARD BACK

1&2 Shuffle forward right 45 degrees right, left, right
3&4 Shuffle forward left 45 degrees left, right, left
5&6 Shuffle back to right 45 degrees right, left, right
7&8 Shuffle back to left 45 degrees, left, right, left

REPEAT
