A Little Bit Of Latin



編舞者: Bell'sstar (UK) & Babystar

音樂: Mia Salsa Es Caliente - Gloria Estefan



TOE, TOE, TOE KICK

1-4 Right toe to right side, right toe in front of left, right toe to right side, with a ¼ turn right and

kick right leg forward

COASTER STEP TURN TOGETHER

Right syncopated coaster, with a step forward left foot, sliding turning ¼ turn right at the

same time, bringing right foot to meet your left, without putting weight on it

REPEAT COUNTS 1-8 ABOVE

1-8 Repeat counts 1-8 above

KNEE POPS

1-2-3-4 Moving forward knee pops Latin style right, left, right, left

Elvis knees will do

KNEE POPS

5-6-7-8 Moving back knee pops Latin style

Opposite arms should be moving in at chest level, while knees are popping for styling

ROLLING VINE TO RIGHT

1-8 Rolling vine to right 1 ½ turns, finishing the roll with weight on left foot and right knee popped

forward. Hold that position for 4 counts.(hands while doing roll & hold should be raised above

head, one after each other, Latin and salsa style)

ARMS ON THE SPOT

1-2 Pop right knee forward, at the same time, right arm comes to chest level and pushes out to

right side, repeat with left knee and arm

3-4 Repeat above 2 counts again

REPEAT