

A Little Bit Of...(Mambo 5)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Dennis Foley (AUS) & Verity Mills (AUS)
音樂: Mambo No. 5 (Radio Edit) - Lou Bega



STEP, STEP, ROCK, STEP, STEP, ROCK

1-2& Step left across right, step right to the side, rock onto left
3-4& Step right across left, step left to the side, rock onto right

STEP, TURN, CROSS, STEP, STEP, CLOSE

5& Step forward left, step forward right & turn a ¼ left
6 Cross left over right
7&8 Turning ¼ left step back right, step back left, close right to left

STEP, STEP, ROCK, STEP, STEP, ROCK

1-2& Step left across right, step right to the side, rock onto left
3-4& Step right across left, step left to the side, rock onto right

STEP, TURN, CROSS, STEP, STEP, CLOSE

5& Step forward left, step forward right & turn a ¼ left
6 Cross left over right
7&8 Turning ¼ left step back right, step back left, close right to left

STEP, STEP, ROCK, STEP, STEP, ROCK, STEP, STEP, ROCK, STEP, STEP, ROCK

1-2& Step forward left, turn ¼ left step/rock right to side, rock onto left
3-4 Turning ¼ right step forward right, turning ¼ right step/rock to left side
& Rock onto right
5-6 Turning ¼ left step forward left, turning ¼ left step/rock to right side
& Rock onto left
7-8 Turning ¼ left step forward left, turning ¼ left step/rock to right side
& Turning a further 1/8 right rock onto right

DIAMOND: STEP & TOUCH, STEP & TOUCH, STEP & TOUCH, STEP & TOUCH

1&-2 Step forward on left turning 1/8 left, touch right heel in front of left
3&-4 Turning a ¼ left step back on right, touch left toe behind
5&-6 Turning a ¼ left step forward on left, touch right heel in front of left
7&-8 Step back on right, touch left toe diagonally back

REPEAT

Alternate version of counts 17-24

STEP. STEP/SPIN, STEP, STEP. STEP/SPIN, STEP, STEP STEP/SPIN, STEP, STEP, ROCK

1-2 Step forward left, step forward right & turn a full turn left
& Step left beside & slightly ahead of right
3-4 Step forward right, step forward left & turn a full turn right
& Step right beside & slightly ahead of left
5-6 Step forward left, step forward right & turn a full turn left
& Step left beside & slightly ahead of right
7-8 Step forward right, step forward left & turn 3/8 right
& Rock onto right

This mambo should be danced with a bounce action & a lot of body movement. Use your hands to accentuate your movements and try a "Barrel Roll" on the "Diamond". The timing is tricky, but it enhances the body action and therefore the dance. While this track of music is not perfectly phrased, as the phrasing inconsistencies

are only minor and do not effect the dance, we decided to dance straight through. You probably wont even notice the variations, and we believe that most dancers don't want "trivial or unnecessary bridges".
