

Little Bird

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Phil Turpin (UK)
音樂: Little Bird (Extended Mix) - Sherrié Austin



At the beginning of the track there is a short section of vocals without musical accompaniment. The music then accompanies the vocals for 24 counts, followed by a 16 count instrumental section. Start the dance after this instrumental section.

KICK FORWARD, TOUCH BACK, KICK-BALL-TOUCH, HITCH, STEP, BOUNCE & TURN

1-2 Kick right foot forward, touch right toe back
3&4 Kick right foot forward, step right foot in place, touch left foot to left side
5-6 Hitch left knee across right leg, step left foot to left side
7-8 Bounce heels twice, while turning $\frac{1}{4}$ left (finish with weight on right)

FORWARD SHUFFLE, SIDE SHUFFLE, BACK SHUFFLE, COASTER

9&10 Step forward left, close right beside left, step forward left
11&12 $\frac{1}{4}$ turn right and step right to right, step left next to right, step right to right
13&14 $\frac{1}{4}$ turn right and step back on left, close right beside left, step back on left
15&16 Step back on right, close left beside right, step forward right

HALF MONTEREY TURN, CROSS, UNWIND, SAILOR, SAILOR

17-18 Touch left toe to left side, $\frac{1}{2}$ turn left and step left next to right (finish with weight on left)
19-20 Cross right over left, unwind $\frac{1}{2}$ turn to left (finish with weight on right)
21&22 Step left behind right, step right next to left, step left in place
23&24 Step right behind left, step left next to right, step right in place

FORWARD SHUFFLE, STEP, TURN, CHA-CHA TURN, WALK, WALK

25&26 Step forward left, close right beside left, step forward left
27-28 Step forward on right, $\frac{1}{2}$ turn to left
29&30 Full cha-cha turn to left stepping right, left, right
31-32 Step forward left, step forward right

KICK FORWARD, TOUCH BACK, KICK-BALL-TOUCH, HITCH, STEP, BOUNCE & TURN

33-34 Kick left foot forward, touch left toe back
35&36 Kick left foot forward, step left foot in place, touch right foot to right side
37-38 Hitch right knee across left leg, step right foot to right side
39-40 Bounce heels twice, while turning $\frac{1}{4}$ right (finish with weight on left)

FORWARD SHUFFLE, SIDE SHUFFLE, BACK SHUFFLE, COASTER

41&42 Step forward right, close left beside right, step forward right
43&44 $\frac{1}{4}$ turn left and step left to left, step right next to left, step left to left
45&46 $\frac{1}{4}$ turn left and step back on right, close left beside right, step back on right
47&48 Step back on left, close right beside left, step forward left

HALF MONTEREY TURN, CROSS, UNWIND, SAILOR, SAILOR

49-50 Touch right toe to right side, $\frac{1}{2}$ turn right and step right next to left (finish with weight on right)
51-52 Cross left over right, unwind $\frac{1}{2}$ turn to right (finish with weight on left)
53&54 Step right behind left, step left next to right, step right in place
55&56 Step left behind right, step right next to left, step left in place

FORWARD SHUFFLE, STEP, TURN, CHA-CHA TURN, ROCK, RECOVER

57&58 Step forward right, close left beside right, step forward right
59-60 Step forward on left, ½ turn to right
61&62 ½ cha-cha turn to right stepping left, right, left
63-64 Rock back onto right, rock forward onto left

REPEAT
