Litta Bitta

拍數: 32

級數: Improver

編舞者: Scott Pederson (USA)

音樂: A Little Bit Of Life - Craig Morgan

SHUFFLE FORWARD, STEP FORWARD, ½ PIVOT, ROCK BACK, RECOVER, SHUFFLE FORWARD

- 1&2-3-4 Right shuffle forward, step left forward, ½ military turn to right
- 5-6-7&8 Rock back on right, recover on left, right shuffle forward

STEP FORWARD, TOUCH TOGETHER, SWIPE, STEP, SWIPE, ROCK FORWARD, RECOVER, STEP BACK/HIP BUMPS

- 1-2-3-4 Step left forward, touch ball of right next to left, swipe right back (as though drying your sole) and down next to left, swipe left back
- 5-6-7&8 Rock forward on left, recover on right, step back on left, while bumping hips left, right, left

SIDE, BEHIND & SIDE, HEEL, HOOK, SHUFFLE, CROSS & CROSS

- 1-2&3-4 Step right to right, left behind right & right to right, touch left heel to left and slightly forward, hook left over right
- 5&6-7&8 Shuffle left, cross right over left, step left slightly left, cross right over left (counts 5-8, remain facing forward while traveling left)

SIDE, ¼ PIVOT, SHUFFLE FORWARD, STEP FORWARD TWICE, SWIVEL HEELS

- 1-2-3&4 Step left to left, ¼ military turn to right, left shuffle forward
- 5-6-7&8 Step forward right, step left slightly ahead of right, swivel both heels in, out, in

REPEAT





牆數:4