

Lisa Lisa

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Harold Grimshaw (UK)
音樂: Don't Let's Talk About Lisa - Lonestar



SIDE-STEP, TOE SLIDE, HIP BUMPS (FORWARD & BACK)

- 1-2 Step right to right side, slide left toes next to right
- 3-4 Stepping slightly forward on left, bump hips forward and back
- 5-8 Bump hips forward twice, bump hips back twice

JAZZ BOX ½ TURN RIGHT, BRUSH, BRUSHES BACK & FORWARD (PIVOTING ½ RIGHT)

- &1-2 Step quickly back onto left, cross-step right over left, step back on left ¼ to left
- 3-4 Step forward on right ¼ to right, brush left forward
- 5-8 Pivoting ½ to right on ball of right, brush left back, forward, back, forward

SIDE CLOSE ¼, HEEL TAPS, STEP, LOCK, SHUFFLE

- 1&2 Step left to left side, close right next to left, step back on left (turning ¼ right)
- 3-4 Tap right heels forward twice
- 5-6 Step forward on right, lock left behind right
- 7&8 Shuffle forward on right, left, right

STEP/½ PIVOTS, LEFT VINE

- 1-4 Step forward on left, pivot ½ right, step forward on left, pivot ½ right
- 5-8 Step left to left side, step right behind left, step left to left side, touch right toes next to left

REPEAT

TAG

After first sequence (facing right wall)

RIGHT VINE, LEFT VINE

- 1-4 Step right to right side, step left behind right, step right to right side, touch left toes next to right
- 5-8 Step left to left side, step right behind left, step left to left side, touch right toes next to left

TAG

After 7th sequence (facing left wall 2nd. Time around - on the word 'so')

SIDE, TOUCH, SIDE, TOUCH

- 1-4 Step right to right side, touch left toes next to right, step left to left side, touch right toes next to left