

Liquored Up

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Irene Groundwater (CAN)
音樂: Liquored Up and Lacquered Down - Southern Culture On the Skids



DIAGONAL FORWARD, TOGETHER, DIAGONAL FORWARD, TOUCH

1-2 Right diagonal forward, step left beside right
3-4 Right diagonal forward, touch left toe beside right instep
Option - on counts 1 to 3 - hold right arm outwards to the right bent at the elbow

DIAGONAL FORWARD, TOGETHER, ¼ TURN LEFT, TOUCH

5-6 Left diagonal forward, step right beside left
7-8 Left diagonal forward pivoting ¼ turn left on step, touch right toe beside left instep
Option - on counts 5 to 7 - hold left arm outwards to the left bent at the elbow

SIDE, RAISE HIP, TAP LEFT HEEL TWICE

9 Side step right bending right knee with no weight
10 Straighten right knee transferring weight to right foot and raising right hip to the right
11-12 Keeping left toe on the floor tap left heel twice (weight on right foot)
Option - on counts 11-12 - body faces diagonal towards the left

TAP LEFT HEEL 3 TIMES, SIDE

13 Keep left toe on floor & tap left heel (point right index finger forward with weight on right. Foot)
14-15 Repeat count 13 two more times (moving pointed right index finger to the right twice)
16 Side step left

SIDE, TOUCH, SIDE, TOUCH

17-18 Side step right, touch left toe diagonal back behind body to the right
19-20 Side step left, touch right toe diagonal back behind body to the left
Option - on count 18 - bend right elbow with raised right hand pointing right index finger up and resting on left hand - on count 20 - bend left elbow with raised left hand pointing left, index finger up and resting on right hand

FORWARD, REPLACE, BACK, ¼ TURN LEFT

21-22 Right forward, replace weight on left
23-24 Right back, side step left making ¼ turn left on step

HAND, HAND, HAND, HAND

25-26 Bend knees and right side step right hand between knees, lower left hand weight on left
27-28 Weight on right - right hand back on right side, weight on left - left hand back on left side
Option - on count 25 - lower body and sway hips right, on count 26 - lower body and sway hips left - on count 27 - start raising body and sway hips right, on count 28 raise body and sway hips left)

SWAY, SWAY, CIRCLE HIPS TO RIGHT

29-30-31-32 Sway hips right, sway hips left, make circular movement with hips to the left for 2 counts
Option - on counts 31 and 32 raise right hand over head and make circular movements to the left in the air
Option - on counts 29&30 - raise right hip right, lower right hip, raise right hip right - on counts 31&32 - raise left hip left, lower left hip, raise left hip left

REPEAT

TAG

32 count introduction to dance. Dance pattern 9 times, then counts 25 to 32 twice, then counts 1 to 32.
