

The Lion Roars

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Bob Bonett (USA)
音樂: The Lion Sleeps Tonight - The Jungle Rumble Band



KICK, KICK, COASTER, KICK, KICK, COASTER

1-2 Kick right forward twice
3&4 Step back right, step left next to right, step right forward
5-6 Kick left forward twice
7&8 Step back left, step right next to left, step left forward

¼ PIVOTS

9-10 Step forward right, turn ¼ left
11-12 Step forward right, turn ¼ left
13-14 Step forward right, turn ¼ left
15-16 Step forward right, turn ¼ left (end with weight on left foot)

RIGHT VINE, LEFT VINE

17-18 Step right to side, step left behind right
19-20 Step right to side, touch left next to right
21-22 Step left to side, step right behind left
23-24 Step left to side, step right next to left

HIP BUMPS

25&26 Bump hips right, left, right
27&28 Bump hips left, right, left
29-30 Bump hips right, left
31&32 Bump hips right, left, right

When doing the first 32 steps for the fourth time on counts 31&32 bump hips right, left and start dance again from count one

LEFT SAILOR, RIGHT SAILOR, ¼ TURN, ROCK, COASTER STEP

33&34 Cross left behind right, step right to side, step left in place
35&36 Cross right behind left, turn ¼ right stepping back on left, step forward right
37-38 Rock forward left, step right in place
39&40 Step back on left, step right next to left, step left forward

½ PIVOT, SHUFFLE, ROCK, RECOVER, COASTER STEP

41-42 Step forward right, pivot ½ turn left
43&44 Shuffle forward right, left, right
45-46 Rock forward on left, step right in place
47&48 Step back on left, step right next to left, step left forward

SIDE TOGETHER, SIDE SHUFFLE, CROSS ROCK, RECOVER, SIDE SHUFFLE

49-50 Step right to side, step left next to right
51&52 Side shuffle right, left, right
53-54 Rock left over right, step right in place
55&56 Side shuffle left, right, left

CROSS SHUFFLE, SIDE SHUFFLE, CROSS SHUFFLE, SIDE SHUFFLE

57&58 Cross right over left, step left to side, cross right over left
59&60 Step left to side, step right next to left, step left to side

61&62
63&64

Cross right behind left, step left to side, cross right behind left
Step left to side, step right next to left, step left to side

REPEAT
