Line Up And Jig



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Maggie Gallagher (UK)

音樂: Toss the Feathers - The Corrs



SIDE JUMPS WITH TOE TAPS, HEEL SWITCHES WITH CLAPS

&1-2 Spring wide to left side on the left, tap right toe behind left, hold

Arms: point both arms diagonally down to left foot

&3 Spring to right side on the right, tap left toe behind right

Arms: place left hand on left hip

&4 Spring to left side on the left, tap right toe behind left

Arms: place right hand on right hip

&5 Step back on right, touch left heel forward

&6 Clap hands twice (return arms to hips after claps)
&7 Step left beside right, touch right heel forward
&8 Step right beside left, touch left heel forward

COASTER STEP, 1/4 TURN RIGHT WITH HOOK, SHUFFLE, HEEL SLIDES X 2

9&10 Step back left, step right beside left, step forward left

& Pivot ¼ turn right on ball of left hooking right heel to left knee

Arms: drop both arms straight down to sides

11&12 Step forward right, close left beside right, step forward right
13-14 Step left heel large step diagonally left, slide right beside left
15-16 Step right heel large step diagonally right, slide left beside right

STOMPS & ROCKING STEPS FORWARD & BACK

17 Stomp forward right

18 Stomp left diagonally behind right (right heel in left in step)

19& Stomp forward right, step back on left 20& Step back on right, step forward on left 21& Step forward on right, step back on left 22& Step back on right, step forward on left

23-24 Stomp forward right, hold

From steps 19-23 heels twist in with each step, keeping the thighs and knees as close together as possible.

1/2 TURN WITH HOOK, SHUFFLE, TOE POINTS, 1/2 TURN, HEEL SPLITS

& On ball of right pivot ½ turn right hooking left foot to right knee 25&26 Step forward left, close right beside left, step forward left

27 Point right toe forward

&28 Step right beside left, point left toe forward

29-30 Cross left behind right, unwind ½ turn left (keeping weight on toes)

&31&32 Split heels twice (optional-applejacks)

REPEAT

STYLING NOTES:

The toe taps on the first 4 counts should be BIG, well across and behind.

Between counts 14 and 15 introduce a small "spring" or "hop" into your step. This should also be done as you change weight on the "&" count on 27&28.

Being an Irish style of dance, the hitches and hooks should be high and tight. The forward toe taps should be executed with the leg and ankle straight out.

